Poster Guidelines

1. Size of the Poster: 841mm (W) x 1189mm (H) (A0 Size; Portrait)

2. The poster should include:
- Logo of your institution
- Title of the Study
- Author: your name, faculty advisor's name, names of collaborators (if any), and affiliation of all authors
- Introduction and Objectives
- Methods
- Results or Findings
- Discussion
- Summary/Conclusions
- Acknowledgments

3. Text:
- Arrange your material in a logical progression
- Arrange material in columns
- Avoid including too much information on the poster
- Use only 2 or 3 colors
- Choose a font size and style that can be read easily from several feet away
- Avoid large blocks of text and limit or eliminate jargon and technical terms
- Organize and reduce text by using subheadings, key words, bullet points
- Consider that a figure or graph often conveys information more efficiently than paragraphs of text

4. Figures and Graphs:
- Images should be at least 100dpi and the same size they will be on the poster. A resolution of 150dpi is ideal (smaller resolution will result in a pixelated image, and larger resolution will result in excessive file size).
- Avoid "chart junk": 3-D, shadowing, multiple grid lines, labeling every tick mark

Links for useful poster templates:
http://www.posterpresentations.com/html/free_poster_templates.html
https://www.genigraphics.com/templates
https://www.postersession.com/poster-templates.php