



WEBINAR

Self-care interventions as an essential part of a well-functioning health system

24th July 2020, from 08:00-09:30 Washington / 14:00-15:30 Geneva

SYNOPSIS

The World Health Organization (WHO) defines self care as the ability of individuals, families and communities to promote health, prevent disease, maintain health, and to cope with illness and disability with or without the support of a health-care provider. Self-care interventions are evidence-based tools that can promote better health and well-being through self care. In acknowledgement of the importance of the role of individuals, families and communities in health care, WHO issued its first consolidated living guideline in 2019 on self-care interventions for health. The focus of the first volume was on sexual and reproductive health and rights. In the wake of the COVID-19 pandemic, when health systems are overwhelmed with the immediate response, and in planning for a sustainable, quality health care delivery post-COVID-19, self-care interventions for health are and will play a major role in ensuring the right to health for all.

In this first joint seminar by WHO and the World Bank, we will be discussing the increasing role of self-care interventions to build sustainable health care during and post-COVID-19 pandemic.

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@HRPresearch @WHO @WorldBank @WBG_Health #selfcare
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@muhammadpate @HelenClarkNZ @MalecheAllan
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AGENDA

Chair



Dr David Wilson

Program Director, Health, Nutrition and Population, World Bank Group

David was previously a Professor at the University of Zimbabwe for almost 20 years and an adviser to many governments and most bilateral and multilateral agencies. He has worked in 41 countries on all continents and managed programmes at the community, national and regional level. Many of the programmes he developed have been cited as global best practices.

Opening remarks



Dr Muhammad Ali Pate

Global Director for Health, Nutrition and Population, World Bank Group and Director, Global Financing Facility for Women, Children and Adolescents

Previously Dr Pate was CEO of Big Win Philanthropy, and Minister of State for Health in the Federal Republic of Nigeria. He was previously in the World Bank Group where he joined as a Young Professional in 2000 and worked on health issues in several regions including Africa and the East Asia and Pacific.



Dr Ian Askew

Director, Department of Sexual and Reproductive Health and Research, WHO and Director, UNDP/UNFPA/UNICEF/WHO/World Bank Special Programme of Research, Development and Research Training in Human Reproduction

Ian leads a team that provides global leadership on critical aspects of sexual and reproductive health and rights by shaping the global research agenda and coordinating high-impact research, setting norms and standards for SRH services, and articulating approaches that promote human rights and gender equality. A social scientist by training, Ian has undertaken research and provided policy and technical advice for strengthening health systems to improve access to SRH services.

Panelists



Dr Manjulaa Narasimhan

Scientist, Department of Sexual and Reproductive Health and Research, WHO and Director, UNDP/UNFPA/UNICEF/WHO/World Bank Special Programme of Research, Development and Research Training in Human Reproduction

Manjulaa leads the development and implementation of WHO's global normative guidance on people-centered, integrated approaches to sexual and reproductive health and rights, including on self-care interventions. Manjulaa manages strategic planning and oversight of new technologies and innovative approaches in global policy and research to increase quality health coverage for all, and has built bridges between stakeholders, communities and policy actors to positively influence public policy and practice at global, regional, national and community levels.



Mr Allan Maleche

Executive Director, Kelin

Dynamic leader, an advocate of the high court of Kenya and a human rights defender with over twelve years of experience in law, ethics, governance, policy, health and rights, including seven years managing rights-based programmes that protect affected, marginalised and vulnerable populations. He sits on the UNAIDS Human Rights Reference group. A former Board Member of the Developing Country NGO Delegation to the Global Fund Board, where he also served as Alternate Board Member. Allan is also a former member of the Global Fund's Audit and Finance Committee, and the former Chair of the Implementers Group of the Global Fund Board.

Panelists cont.

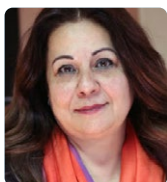


Dr Azra Fazal Pechuho

Minister of Health and Population Welfare, Sindh, Pakistan

Dr Pechuho has been a member of the Provincial Assembly of Sindh since August 2018, and was previously a member of the National Assembly of Pakistan, from 2002 to May 2018. A medical doctor by training and profession, Dr Pechuho is known for her extensive work on public health and systems reform.

Discussants



Dr Sameera Al Tuwajri

Global Lead on Population and Development at the Health, Nutrition and Population Global Practice, World Bank Group

Previously Sameera was a lead health specialist at HNP working on reproductive health policy. She is a board certified physician (OB/GYN) with formal academic training in Public Health. Prior to the World Bank, she worked for a decade for the UN System.



Prof. Pascale Allotey

Director, United Nations University, International Institute for Global Health (UNU-IIGH)

Pascale is a nurse and midwife with a background in anthropology and epidemiology. Her research in global health over the last three decades covers health equity, health and human rights, gender and social determinants of health, migration, sexual and reproductive health, tropical diseases, and non-communicable diseases. She has pioneered methodological approaches for engaging communities in research and policy processes to ensure joint ownership and partnership in health and service delivery. Prof. Allotey was previously Professor of Global Public Health and founding Associate Director of the South-East Asia Community Observatory at Monash University.



Rt. Hon. Helen Clark

Chair of Board, Partnership for Maternal, Newborn & Child Health (PMNCH)

Helen was the Prime Minister of New Zealand for three successive terms from 1999 to 2008; Administrator of the United Nations Development Programme in April 2009 and Chair of the United Nations Development Group, a committee consisting of all UN funds, programmes, agencies and departments working on development issues. Helen engaged widely in policy development and advocacy across the international affairs, economic, social, environmental and cultural spheres. She advocated strongly for a comprehensive programme on sustainability for New Zealand and for tackling the challenges of climate change.