Public Health Responses to Health Risks of Climate Change

Seminar on Climate Change and Health: Exploring the Linkages

UNU-IIGH, UKM Medical Centre, Kuala Lumpur, Malaysia

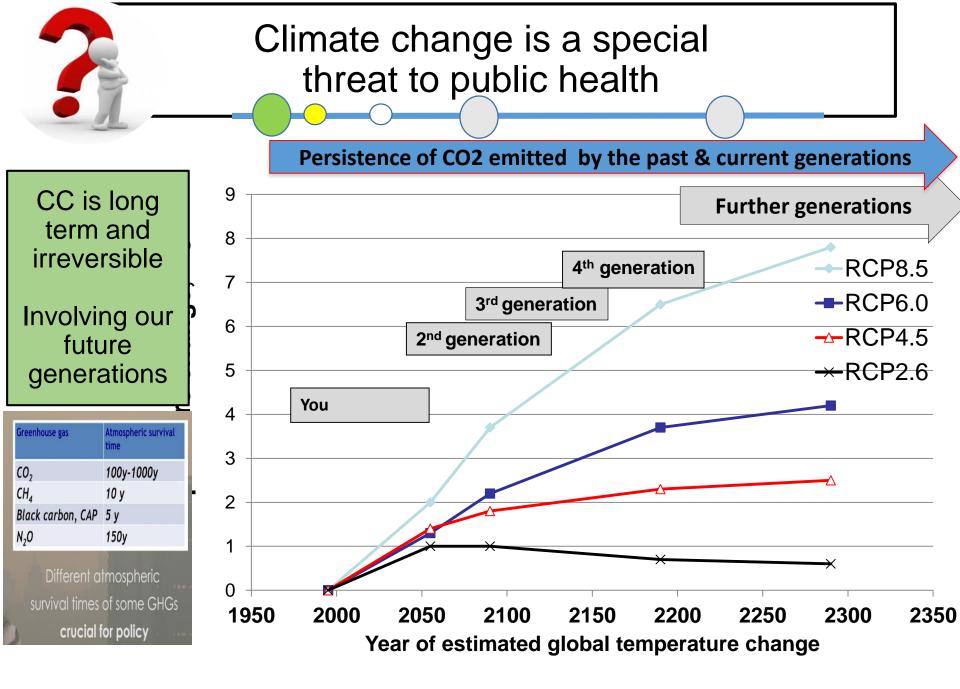
4 May 2017

Norlen Mohamed Environmental Health Unit Ministry of Health

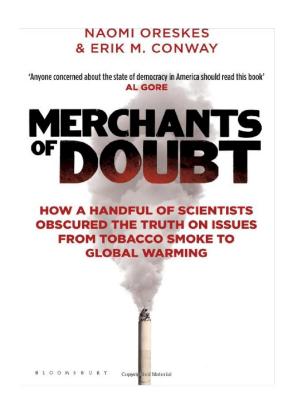
Outline of presentation

- Introduction
- Vulnerability
- Public health responses

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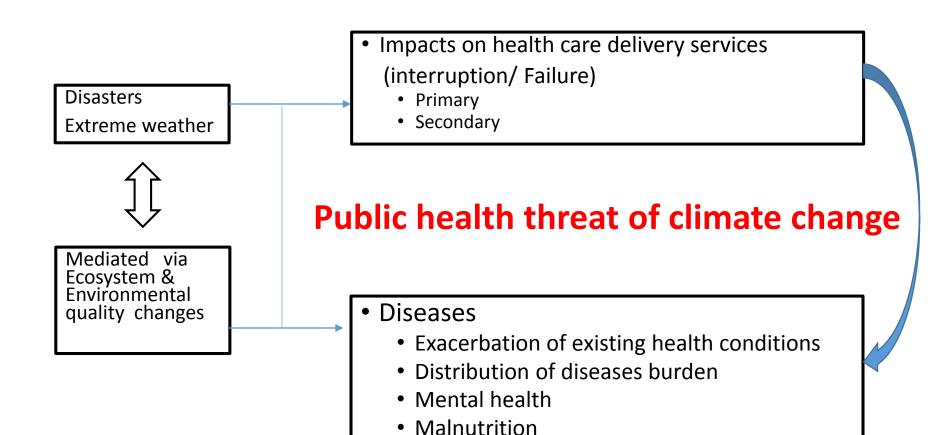
•....it means..."wait and see" policy is dangerous?



• Asking for 100% proof of attribution while the situation deteriorates (smoking deaths, lead childhood deaths, climate related deaths)

and in order to avoid responsibilities=pay ments

The impacts on health



Emerging diseases

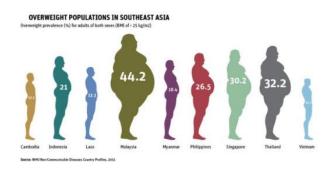
Vulnerability

"The first step towards adaptation to future climate change is reducing vulnerability and exposure to present climate variability."

IPCC, 2014

Who are the most vulnerable?

- The young
- The old
- The Obese
- The PWD
- Pregnant mother
- People with acute and chronic diseases
- Poor people living and working under hot weather
- People living in poor housing conditions (poorly ventilated, no air conditioning, roof made from zinc, too many people)
- People living in disaster prone area







Who are the most vulnerable?

- Heath facilities located in disaster prone area
 - Primary health clinics
 - Community health clinics

Banjir Disember 2014, Kelantan

- Hospitals
- District Health Office and other health service centers

Tahap 3

Tahap 4



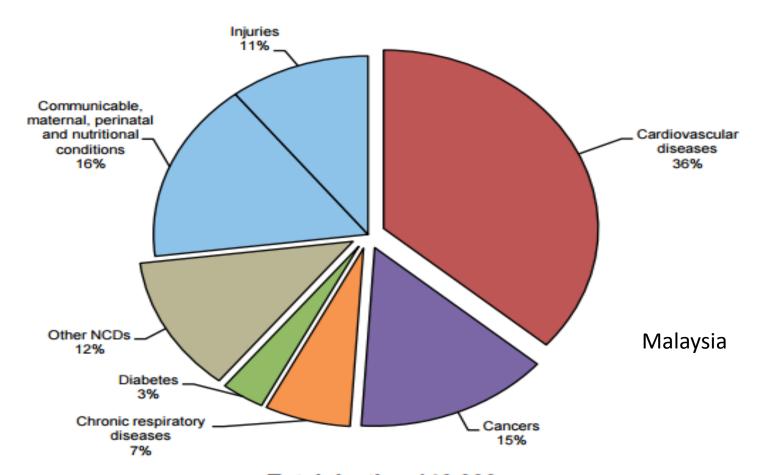
State of vulnerability depend on:

- Existing public health status
- Capacity of Public health program that we provide to control the existing health problems and prevent the future impacts
 - Primary prevention
 - Secondary prevention
 - Tertiary prevention
 - Emergency preparedness and response for extreme weather events

State of vulnerability:

Depend on the existing public health problem

Proportional mortality (% of total deaths, all ages, both sexes)*

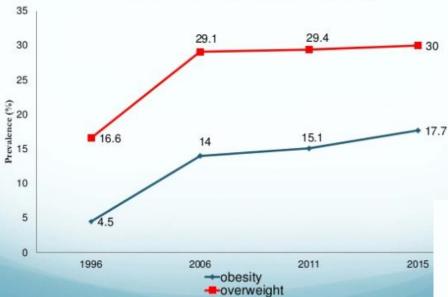


Total deaths: 146,000 NCDs are estimated to account for 73% of total deaths.

WHO. Noncommunicable Diseases Country Profiles 2014

NCD Epidemic

Prevalence of obesity and overweight, ≥18 years (NHMS 1996, 2006, 2011,2015)

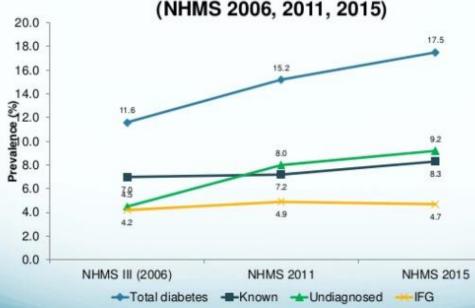


OVERWEIGHT POPULATIONS IN SOUTHEAST ASIA

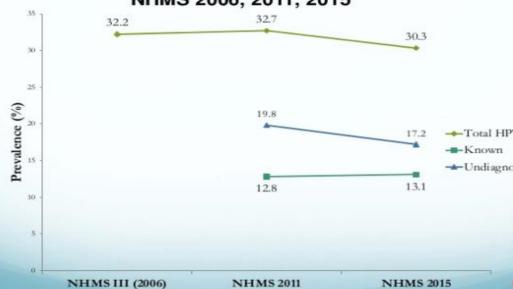
Source: WHO Non-Communicable Diseases Country Profiles, 2013



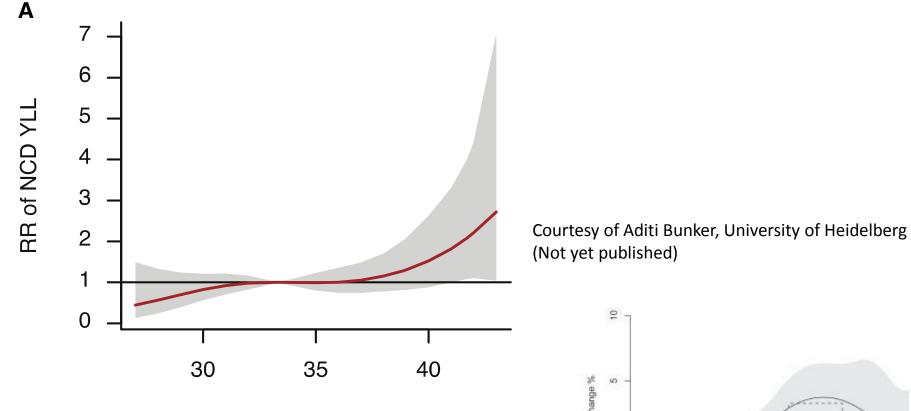
Prevalence of Diabetes, ≥18 years (NHMS 2006, 2011, 2015)



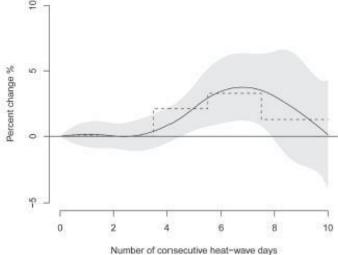
Prevalence of Hypertension, ≥18 years NHMS 2006, 2011, 2015



Temperature-related risk of NCD



(Gasparrini, A and Armstrong, B (2011) The impact of heat waves on mortality, Epidemiology, 2011 Jan;22(1):68-73.)



State of vulnerability:

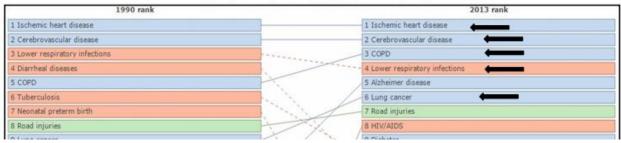
Depend on the existing public health problem

Impacts mediated via Air Pollution

Major impacts on the existing NCD

- Worsened pulmonary function and respiratory distress
- Acute exacerbation respiratory illness
- Acute exacerbation cardiovascular events.

Diseases affected by air pollution: 4 of the top 5 causes of the global burden of disease in 2013



GBD 2013 Mortality and Causes of Death Collaborators The Lancet 2014

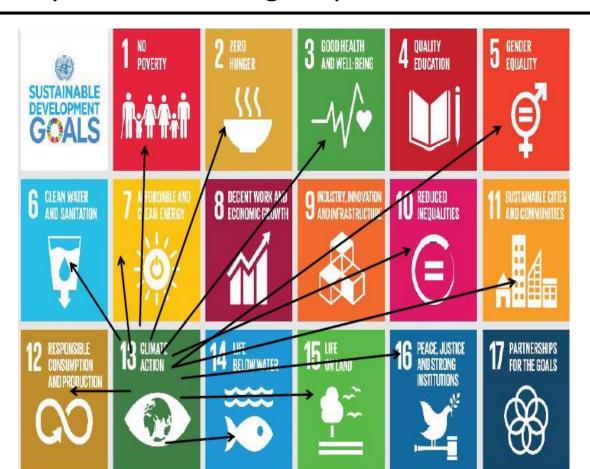
In the year 2012, ambient air pollution was responsible for 3 million death. WHO. 17 % ALRI COPD Death 15 % IHD,

Public Health Responses

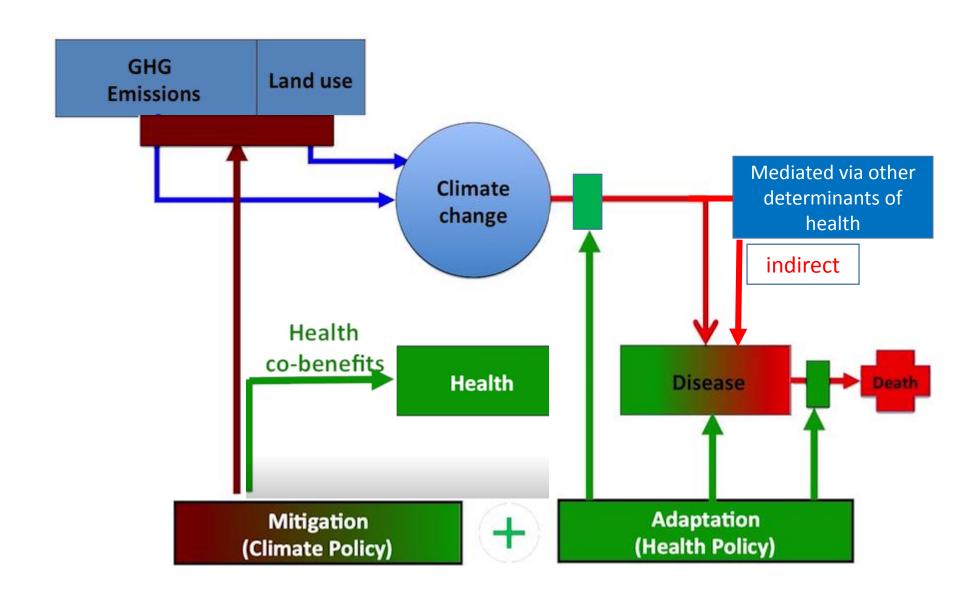
Transition from MDG to SDG 2030

...addressing climate change is the biggest opportunity to meet the set targets of most SDGs

...and wise versa...addressing other SDGs will reduce the state of vulnerability to climate change impacts



Public health responses: Exploring the linkages



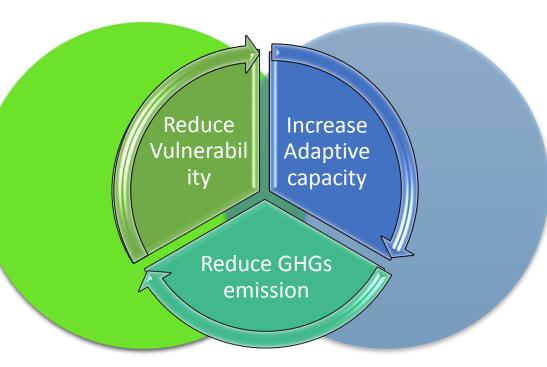
Public health responses

Beyond Health sectors

Within Health sectors

Addressing the upstream activities

- Sustainable development
- Health Cobenefit



- Resilient HCS
- Strengthening public health program
- Reducing carbon emission

Spectrum of Responses/Adaptation to reduce vulnerability and impact

Disease free	Early stage	Clinical disease		
Primary	Secondary	Clinical Intervention		
Public health program -disease control program -food quality program -family health program - Nutrition program - CD control program - NDC control program - EH program - Promoting disease prevention via healthy environment	Early warning system Early detection Outbreak management Public advisory Emergency preparedness & response	Diagnostic tools Case management Rehabilitation		

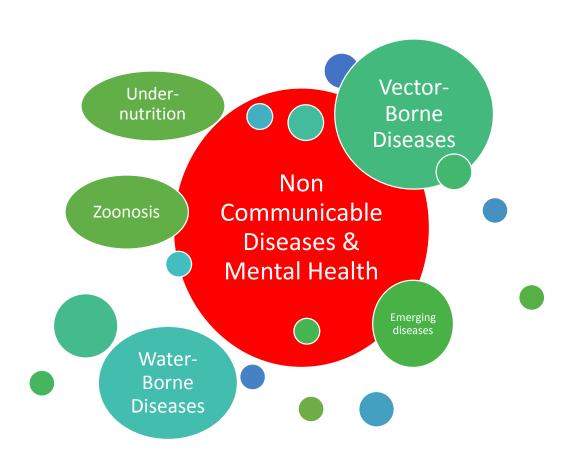
Resilient Health care delivery system

Technical support & Research (Expertise, SOP, Guidelines, standards)

Health information and Data systems

(Disease surveillance, Disease registry, Admission data)

General responses to climate sensitive diseases



Strengthening all public health programs are the best responses to reduce the state of vulnerability and subsequently reduce the impact of climate change and meet the SDGs targets

PUBLIC HEALTH PROGRAM MINISTRY OF HEALTH, MALAYSIA

Water and Sanitation
Program

Food Safety Program







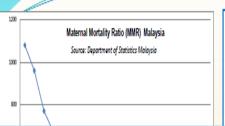


OFFICE OF DEPUTY
DIRECTOR GENERAL OF
HEALTH (PUBLIC
HEALTH)

FAMILY HEALTH DEVELOPMENT DIVISION CO

HEALTH EDUCATION DIVISION

MATERNAL HEALTH PROGRAM



SCOPE OF SERVICES:

- · Pre-pregnancy Care ((hospitals/ health clinics)
- Ante-natal Care (hospitals/ health clinics / mobile services/ home visits)
- · Delivery services institutional (Hospitals,

CHILD HEALTH PROGRAM

INTERVENTIONS AND TRENDS OF INFANTS AND UNDER 5 YEAR MORTALITY 1950 - 2007

	1950's	1960's		1970's		1980's			1990's		2	2000's
SINITIATED	cealth services se 3 fer system of immunisation	CG vaccination PT vaccination Contraceptive method		id Helath Card S Growth Chart ad 3 ter system y to rural areas ached services	les vaccination	36PD screening n Rehabilitation nd CBD Progra investigationm	ella vaccination s B vaccination	1	itation Program Feeding Policy to Community Nurse	Hypothyroidism orfing System of Neonatal Death	ang, Sabah and Sarawak	MR vaccination pregnancy care high risk women ing of 1000 Hari
		ADOLI	S(CENT H	E	ALTH	P	F	ROGR	AM		



ELDERLY HEALTH PROGRAM

ACHIEVEMENTS

CHALLENGES

- Till June 2014, almost 69% of elderly population registered at health clinics
- Yearly, almost 5 7% of elderly population, screened at health clinics

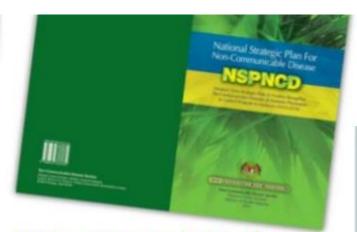
Five Most Common Morbidities Among Elderly
(Jan 2011 – Jan 2014)



Strengthening Lifecycle public health programs



Strengthening NCD control program



National Strategic Plan for Non-Communicable Diseases (NSP-NCD) 2010-2014

- Presented and approved by the Cabinet on 17
 December 2010
- Provides the framework for strengthening NCD prevention & control program in Malaysia
- Adopts the "whole-of-government" and "whole-ofsociety approach"

Seven Strategies:

- 1. Prevention and Promotion
- 2. Clinical Management
- Increasing Patient Compliance
- Action with
 NGOs, Professional Bodies
 & Other Stakeholders
- Monitoring, Research and Surveillance
- Capacity Building
- Policy and Regulatory interventions

Multi-sectoral Approach

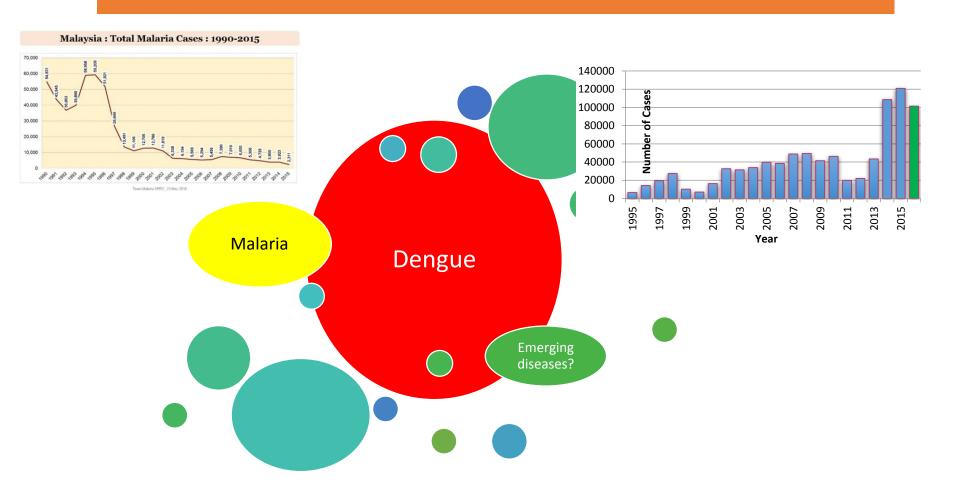
The Health Gradient



Source: Making Partners: Intersectoral Action for Health 1988 Proceedings and outcome of a WHO Joint Working Group on Intersectoral Action for Health. The Netherlands.



Vector-borne diseases



OTHERS

- Strengthening of surveillance system
- change in policy implementation of diagnostic test e.g. COMBO rapid test kit

ENVIRONMENT

- Cleanliness
- Waste disposal
- Architecture design
- Urbanization
 High rise building

HOST (HUMAN)

- Population movement
- Asymptomatic/ mild cases (human reservoir)

DENGUE PREVENTION AND CONTROL

 Ineffective & inefficient vector control measures. Increase In
Dengue
incidence
and outbreak

CLIMATE

- Rainy season
- Increase Temp

VIRUS (DENGUE)

- No drugs available
- 4 serotypes multiple infections/ secondary infection
- serotypes shifts
- Viral mutation

VECTOR (AEDES)

- 2 principle vectors (urban/ rural)
- Short life cycle (<7 days)
- Multiple bites per feeding
 - Efficient breeder
 - Efficient spreader
- Trans-ovarial transmission

NATIONAL STRATEGIC PLAN FOR DENGUE (NSPD)

- 1. Implemented in April 2009
- 2. Strengthening on the Dengue prevention and control through seven strategies:
- 3. In 2014 NSPD Reviewed and realigned with new strategies and policy



NATIONAL DENGUE SPECIAL TASK FORCE PLAN OF ACTION

NATIONAL DENGUE SPECIAL TASK FORCE PLAN OF ACTION

A.CASE MANAGEMENT

- -Dengue Clerking Sheet
 - -Home Based Card
- -COMBO Rapid Test Kit
- -Extended Working Hours in Clinics
 - -Special Dengue Clinic in Primary Care

Ministry of Health

INTEGRATED MANAGEMENT

B. ENVIRONMENTAL MANAGEMENT & CLEANLINESNESS

- -Source reduction
- -Outsourcing of Solid Waste Management
- -Inspection of Construction site
- -Dengue Free Program in School and University/collage
 - Ministry of Housing & Local Government
 - Ministry of Human Resource
 - Ministry of Education
 - Ministry of Defence

C. VECTOR CONTROL

- -Fogging
- -Temephos EC spray
- -Source Reduction of Aedes Breeding Places
- Outdoor Residual Spray for hotspots area
- Ministry of Communication & Multi media
- Ministry of Housing & Local Government
- Ministry of Human Resource
- Ministry of Education

D. HEALTH PROMOTION & ADVOCACY

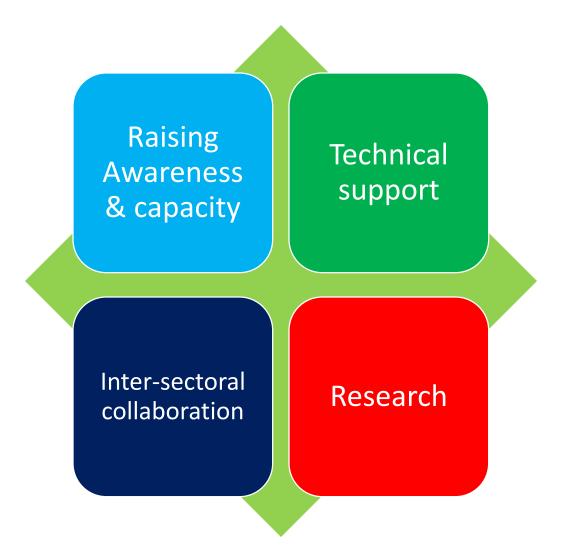
- -Advertisement in Mass Media
- -National Cleanliness Campaign Program
 - -Program COMBI
- -Intervention Kiosk for Health Promotion

Specific responses to extreme weather events

Heatwave Flood

Drought Other disaster

Framework for public health respond to climate change



Heat

THE LA NINA AND EL NINO WEATHER PATTERNS ...





IN THE PAST

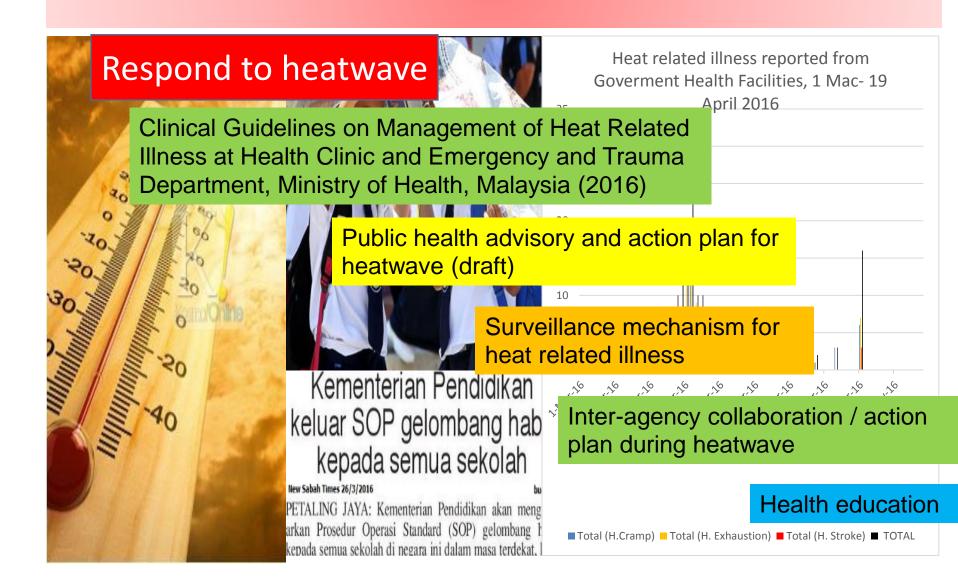




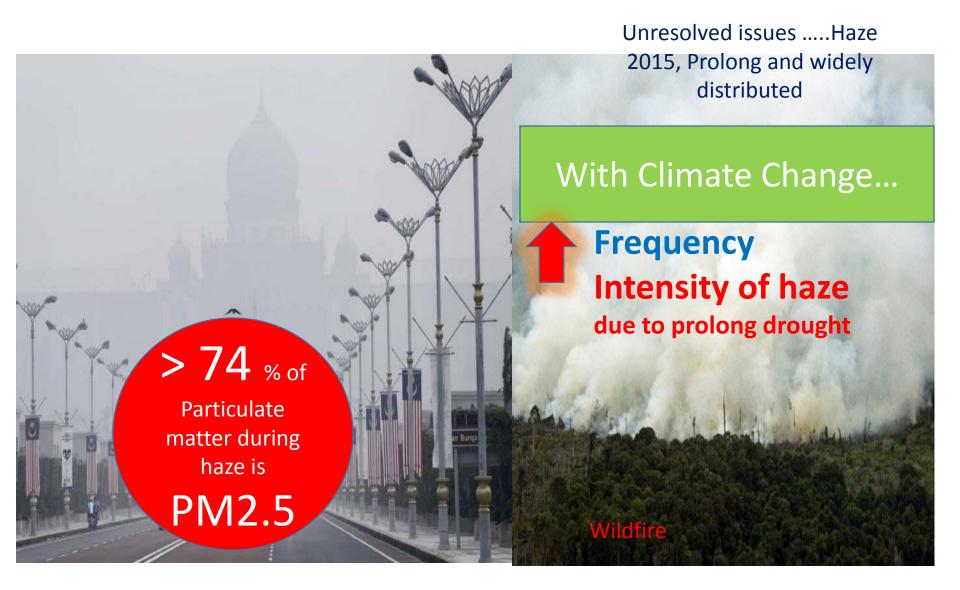
TOPAY

ARCHICT

Heat wave 2016



Drought: Forest fire and Haze/Air Pollution



Progression toward a better response





With inclusion of PM2.5 for calculation of API by next year

We need to redefine the risk level for school closure and cancelling public/sport events

API Level for closing school

400

300

200

150



203 schools

Govt has no plans to

to clos NHAP Version

2006

2012

2013

2015)

MOE Instruction (Haze

International Journal of Public Health Research Vol 6 No 1 2016, pp (685-694)

PUBLIC HEALTH RESEARCH

Health Risk Assessment of PM_{10} Exposure among School Children and the Proposed API Level for Closing the School during Haze in Malaysia

Norlen Mohamed¹, Lokman Hakim Sulaiman², Thahirahtul Asma Zakaria¹, Anis Salwa Kamarudin¹ and Daud Abdul Rahim¹

Risk Matric for strenuous physical activity

Outdoor game

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1	11	u	U	U	

		Inhalation F	Rate (m3/m	in) 95 Perd	centile								
				AP	I LEVEL		API LEVEL						
<u> </u>		101	105	110	115	120	2		101	105	110	115	120
(Min.)	90	1.23	1.31	1.39	1.47	1.55	(Min)	90	1.01	1.07	1.14	1.20	1.27
ξ	60	1.14	1.21	1.29	1.36	1.43	ئِ	60	0.90	0.96	1.01	1.07	1.13
cţ	50	1.10	1.17	1.24	1.31	1.38	cţi	50	0.86	0.92	0.97	1.03	1.08
±.	40	1.06	1.13	1.20	1.27	1.33	۲ ۲	40	0.83	0.88	0.93	0.99	1.04
Sport Activity	30	1.05	1.11	1.18	1.25	1.32	Sport Activity	30	0.79	0.84	0.89	0.94	0.99
o Jo	20	1.02	1.08	1.15	1.21	1.28	of S	20	0.75	0.80	0.85	0.90	0.95
0 0	15	1.00	1.06	1.13	1.19	1.26		15	0.74	0.78	0.83	0.88	0.92
Duration	10	0.98	1.05	1.11	1.17	1.24	Duration	10	0.72	0.76	0.81	0.86	0.90
3	0	0.95	1.01	1.08	1.14	1.20	کِّ	0	0.68	0.72	0.77	0.81	0.86

Efforts at regional level

 Member of TWG Air Quality under the Regional Forum on Health and Environment in Asia Pacific Region

Current project:

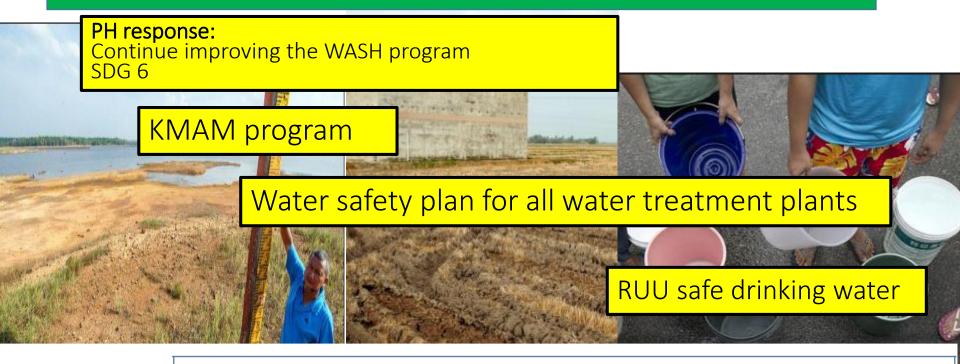
HIA of exposure to particulate matters in Southeast Asia and East Asian Countries





Both Drought and flood events

Impacts on Wa-SH (Water, Sanitation & Hygiene)



	DEMOGRAPHIC, HEALTH, AND COVERAGE ESTIMATES											
Current status	Population (millions, 2017) ¹		eaths due to ASH in children ars (2012)²		proved sanitation of population, 201		Use of improved drinking-water sources (% of population, 2015) ³					
COUNTRY	National	per 100 000	Total	Urban	Rural	National	Urban	Rural	National			
Madagascar	25.61	72.6	2 558	18	9	12	82	35	52			
Malaysia	31.16	1.0	26	96	96	96	100	93	98			
Maldives	0.38	1.6	1	97	98	98	100	98	99			
Mali	18.69	214.1	6 109	38	16	25	97	64	77			
Mexico	130.22	3.7	416	88	74	85	97	92	96			
	0.11	24.2		0.5	40		0.5					

Respond to increase resilient to disaster impacts...



Table 1: Primary Health Clinics (PHC) affected by flooding at Baseline and ARI-20, 100 & 500

Vulnerability T	RTP								
vaniciability	Baseline		20		100		500		TOTAL
assessment –	n	(%)	n	(%)	n	(%)	n	(%)	n
assessifient	80	85.1	5	5.3	5	5.3	4	4.3	94
KEDAH	44	77.2	5	8.8	6	10.5	2	3.5	57
KELANTAN	58	73.4	10	12.7	5	6.3	6	7.6	79
MELAKA	24	82.8	1	3.4	2	6.9	2	6.9	29
NEGERI SEMBILAN	45	97.8	-	-	1	2.2	-	-	46
PAHANG	65	79.3	5	6.1	9	11.0	3	3.7	82
PERAK	65	77.4	9	10.7	6	7.1	4	4.8	84
PERLIS	7	77.8	-	-	1	11.1	1	11.1	9
PULAU PINANG	24	80.0	1	3.3	2	6.7	3	10.0	30
SABAH	79	79.8	9	9.1	6	6.1	5	5.1	99
SARAWAK	120	60.9	51	25.9	17	8.6	9	4.6	197
SELANGOR	57	78.1	5	6.8	5	6.8	6	8.2	73
TERENGGANU	39	86.7	-	-	5	11.1	1	2.2	45
W.P. KUALA LUMPUR	9	75.0	1	8.3	1	8.3	1	8.3	12
W.P. LABUAN	1	100	-	-	-	-	-	-	1
W.P. PUTRAJAYA	3	100	-	-	-	-	-	-	3
TOTAL	720	76.6	102	10.9	71	7.6	47	5.0	940

940 Primary Health Clinics (PHC) currently available in Malaysia, 102 (10.9%) have risk of flooding in 20-year ARI; whilst, 71 (7.6%) and 47 (5.0%) PHC's have risk of flooding in 100-year ARI and 500-year ARI, respectively.

Slide courtesy Dr Bala, EHRC

Table 2: Community Health Clinics (CHC) affected by flooding at Baseline with

Vulnerability –									
vaniciability		RTP							
accaccmont	Base	Baseline		20		100		00	TOTAL
assessment	n	(%)	n	(%)	n	(%)	n	(%)	n
JOHOR	214	82.6	18	6.9	19	7.3	8	3.1	259
KEDAH	188	86.2	17	7.8	10	4.6	3	1.4	218
KELANTAN	131	74.9	11	6.3	22	12.6	11	6.3	175
MELAKA	55	94.8	0	0.0	2	3.4	1	1.7	58
NEGERI SEMBILAN	90	92.8	0	0.0	5	5.2	2	2.1	97
PAHANG	184	78.0	36	15.3	14	5.9	2	0.8	236
PERAK	151	64.0	41	17.4	32	13.6	12	5.1	236
PERLIS	24	80.0	2	6.7	2	6.7	2	6.7	30
PULAU PINANG	47	78.3	3	5.0	6	10.0	4	6.7	60
SABAH	125	75.8	17	10.3	15	9.1	8	4.8	165
SARAWAK	5	71.4	1	14.3	0	0.0	1	14.3	7
SELANGOR	86	74.1	16	13.8	8	6.9	6	5.2	116
TERENGGANU	98	76.6	11	8.6	6	4.7	13	10.2	128
W.P. LABUAN	10	100.0	0	0.0	0	0.0	0	0.0	10
TOTAL	1408	78.4	173	9.6	141	7.9	73	4.1	1795

From 1795 Community Health Clinics (CHC), 173 (9.6%) CHC's are estimated to

have risk of flooding in 20- year ARI. A total of 141 (7.9%) CHC's have risk of

flooding in 100-year ARI and 73 (4.1%) CHC's with risk of flooding in 500-year ARI.

Slide courtesy Dr Bala, EHRC

Table 3: Hospitals affected by flooding at Baseline with ARI-20,100 & 500

ulnerability		ТОТАТ							
aniciasincy	Bas	Baseline		20		100		500	TOTAL
ssessment	n	(%)	n	(%)	n	(%)	n	(%)	n
336331116111	10	83.3	2	16.7	0	0.0	0	0.0	12
KEDAH	9	100.0	0	0.0	0	0.0	0	0.0	9
KELANTAN	8	88.9	1	11.1	0	0.0	0	0.0	9
MELAKA	3	100.0	0	0.0	0	0.0	0	0.0	3
NEGERI SEMBILAN	6	100.0	0	0.0	0	0.0	0	0.0	6
PAHANG	9	81.8	0	0.0	1	9.1	1	9.1	11
PERAK	12	80.0	2	13.3	1	6.7	0	0.0	15
PERLIS	0	0.0	0	0.0	0	0.0	1	100.0	1
PULAU PINANG	6	100.0	0	0.0	0	0.0	0	0.0	6
SABAH	21	87.5	0	0.0	2	8.3	1	4.2	24
SARAWAK	15	68.2	2	9.1	5	22.7	0	0.0	22
SELANGOR	9	75.0	1	8.3	1	8.3	1	8.3	12
TERENGGANU	5	83.3	0	0.0	1	16.7	0	0.0	6
KUALALUMPUR	3	100.0	0	0.0	0	0.0	0	0.0	3
W.P. LABUAN	1	100.0	0	0.0	0	0.0	0	0.0	1
W.P. PUTRAJAYA	2	100.0	0	0.0	0	0.0	0	0.0	2
TOTAL	119	83.8	8	5.6	11	7.7	4	2.8	142

A total of 8 (5.6%) government hospitals have a risk of flooding in 20-year ARI,

followed by 11(7.7%) hospitals with the risk of flooding in 100-year ARI. Only 4

(2.8%) hospitals have a risk of flooding in 500-year ARI.

Slide courtesy Dr Bala, EHRC

Preparedness and Response Plan

Before A Disaster (Preparedness Phase)

- Designing / establish disaster plans
- Dissemination of the plan and provision of training
- Conduct facility-wide / agency-wide drills
- Coordination mechanisms
- Assessing flexibility of surveillance systems

Source: Noji EK, The public health consequences of disasters. Prehospital and Disaster Medicine. 15(4): 147-157. 2000

Continuous Alert system

- CPRC
- 7 days/week
- Daily analysis and report dissemination
- Monitor outbreak, disasters, incidents



Strengthening Health Systems response: ...What has been done against extreme weather events

	Early warning system	Health response plan	Cross-sector emergency plan	Health-sector engagement in emergency plan
Flood	Υ	Υ	Υ	Υ
Haze	Υ	Υ	Υ	Υ
Heat waves	Р	Р	Υ	Υ
Drought	N	N	Υ	Υ

Technical documents

- Crisis and Disaster Management Plan for MOH (2015)
- Guidelines on Internal Emergency Preparedness Plan for MOH Hospitals
- Guidelines of Flood Management, MOH (2008)
- Clinical Guidelines on Management of Heat Related Illness at Health Clinic and Emergency and Trauma Department, Ministry of Health, Malaysia (2016)
- Malaysia Strategy on Emerging Diseases (MySED) 2012 2015,
 Disease Control Division, Ministry of Health, 2012

During A Disaster (Response Phase)



Adequate staffing

Planning Evacuation

Conducting rapid health assessment

Prioritizing relief efforts

Identifying urgent needs and matching resources

Establishment of disaster communications

Conducting disease surveillance

Transportation

Power supply

Back-up Generators

Fuel

Food and water supply



Aftermath responses

Psychological First Aid Services





Disease control activities



Disease surveillance

Upgrading existing healthcare facilities frequently affected by floods to increase resilient

- either <u>relocated</u> to non-flood prone areas or re-designed and <u>built on</u> <u>stilts or raised platform</u> level at the same site
- Under the 11th Malaysia Plan, RM 162 million has been allocated to upgrade the existing hc facilities to increase resilient
- <u>"Flood Mitigation Wall"</u> which will be built in Hospital Raja Perempuan Zainab II in Kota Bharu, Kelantan





Flood Mitigation Gate





Proposal For HRPZII

Source: Slide Pembentangan Dato' Dr Ahmad Razin Bin Dato' Ahmad Mahir, Pengarah Kesihatan Negeri, Jabatan Kesihatan Negeri Kelantan

Our respond will not complete...if we do not address the root causes...the GHGs

Addressing the upstream activities advocating the co-benefit of mitigation measures

The health care industry has a critical role to play in climate change mitigation.

Energy usage in medical facilities is highly intensive.

In fact, hospitals expend

about twice as much total

energy per square foot as

traditional office space.

(Department of Energy, 2003 Commercial Building Energy Consumption Survey)

Reduce carbon emission from health sector

Advocate Climate benefit of Healthy lifestyle &

Healthy setting program

...to reduce carbon emission from health sector & maximize health co-benefit

Toward climate friendly health facilities

- **Energy efficiency**
- Promote green building
- Promote healthy & safe mobility
- Waste Management 3R 4
- Procurement of consumable items





GREEN BUILDING CERTIFICATION **ACTION PLAN FOR** HOSPITAL LANGKAWI





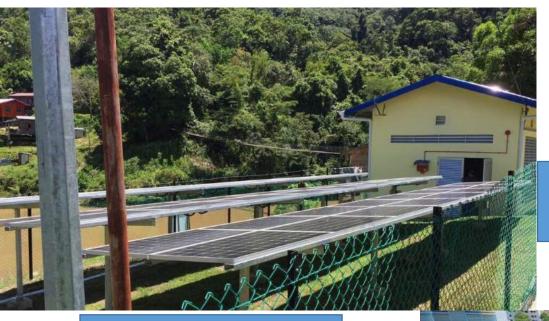
Prepared by: Hospital Operation Section **Engineering Services Division** Ministry of Health Malaysia

May 2016

16 NATION The Star, TUESDAY 7 AUGUST 2012

Environmental-friendly move adopted to cut costs, says Liow





Ministry of Health is transforming toward using clean energy

Klinik Pesiangan, Sabah



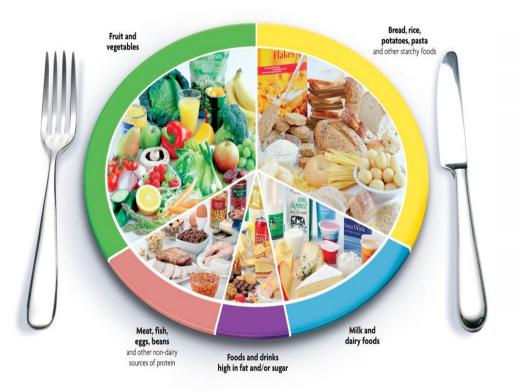
Reduce vulnerability & Reduce GHG emission

The eatwell plate



Use the eatwell plate to help you get the balance right. It shows how much of what you eat should come from each food group.

Advocate Climate co-benefit of
Healthy lifestyle & Healthy setting





Healthy lifestyle: Reduce vulnerability & Reduce GHG emission

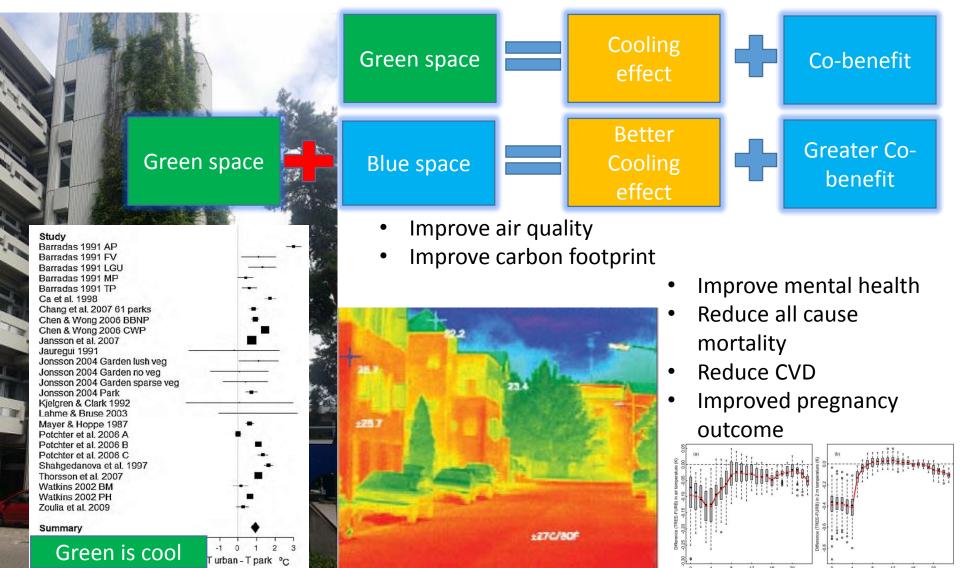


...to reduce carbon footprint of health sector & maximize health co-benefit

Strengthening Healthy Setting program

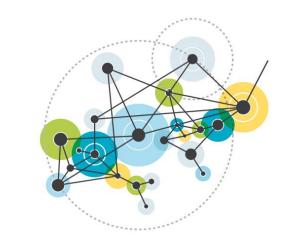
- 1 Addressing social determinants
- 2 Addressing environmental determinants
- Promoting green and blue health

Example of Health Co-Benefit of Green and Blue space



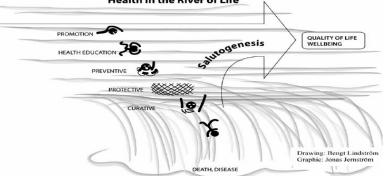
Addressing the upstream

...promoting sustainable development, reduce GHGs, reduce pollution, reduce vulnerability



All development and economic policies are happening at upstream activities





Advocate health at the center of development activities through various approaches

Advocate
health cobenefit of
climate
policy

Health Standard Healthier Policy

Better EH Standard

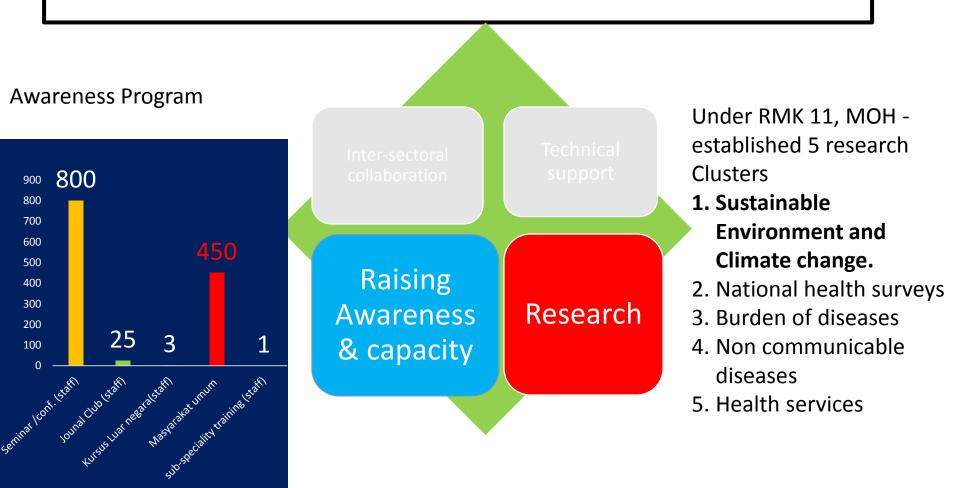
Advocate SD through HIA of developmen t projects

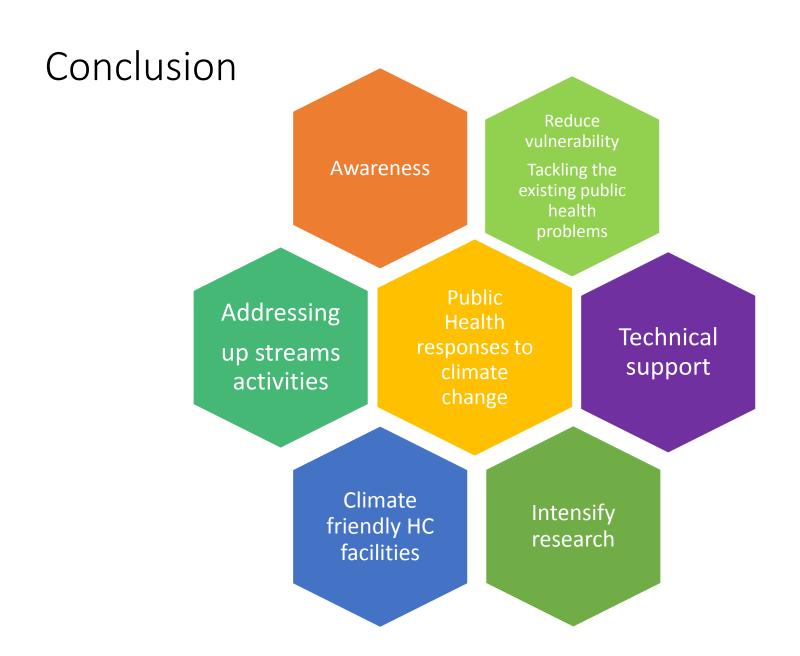
Collaboration

Healthier setting

Well informed community

Effective respond requires a proper understanding ...





THANK YOU