

# Health Co-benefits from Mitigating Climate Change through Mass Rapid Transit System in Greater Kuala Lumpur



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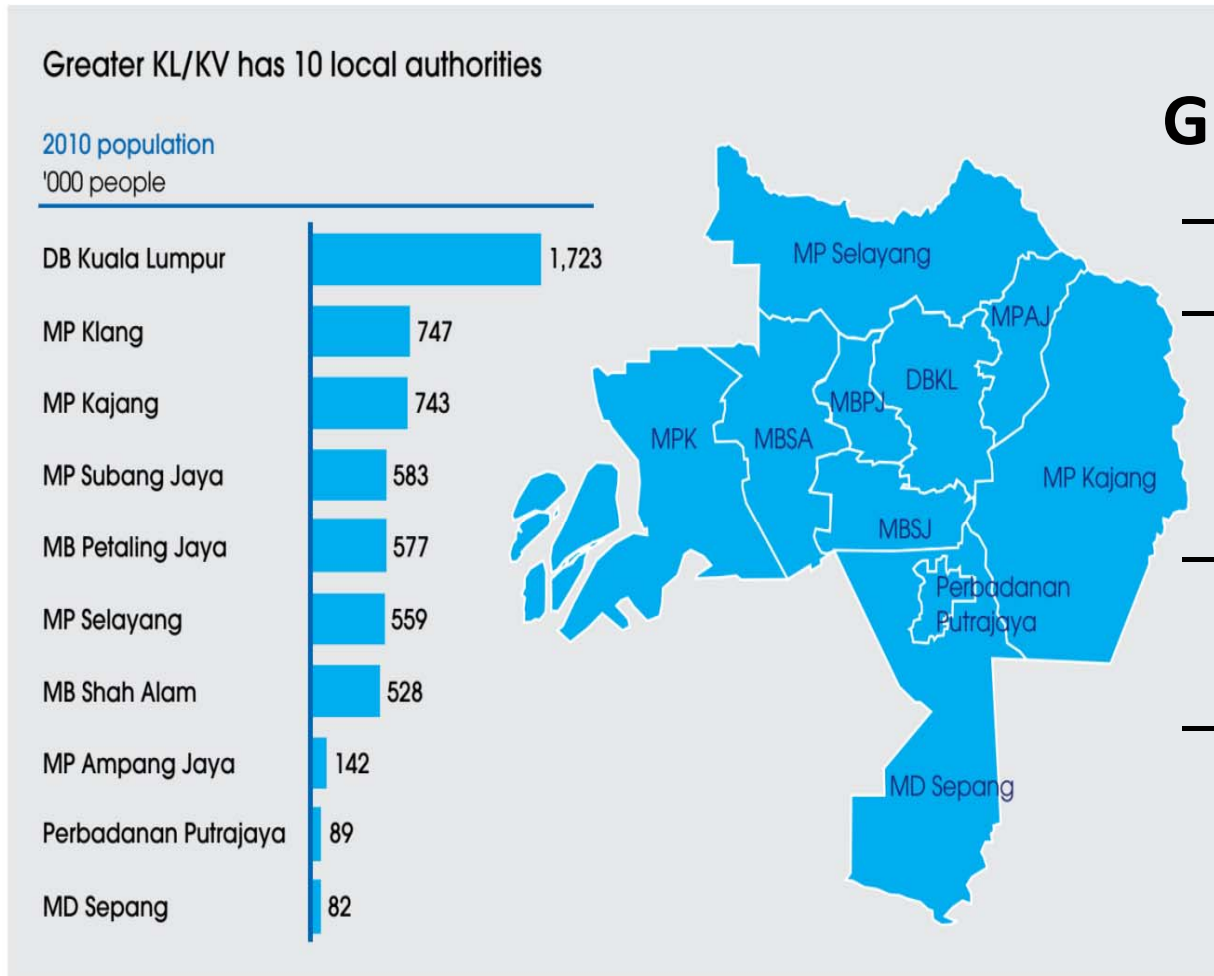


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# Introduction



SOURCE: Department of Statistics

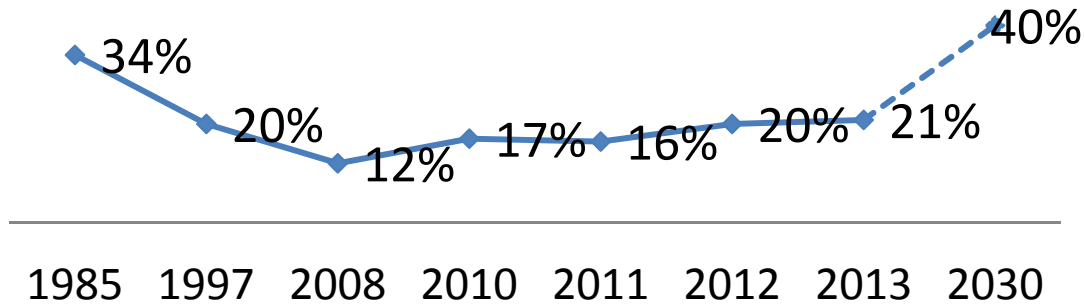
## Greater Kuala Lumpur

- 10 local authorities
- Population: 7.2 million (2016) to 10 million (2020) (39%)
- contributing 37% of the GDP in Malaysia (2010)
- aspire to become one of the most livable cities

# Cars...



Public Transport Modal Share

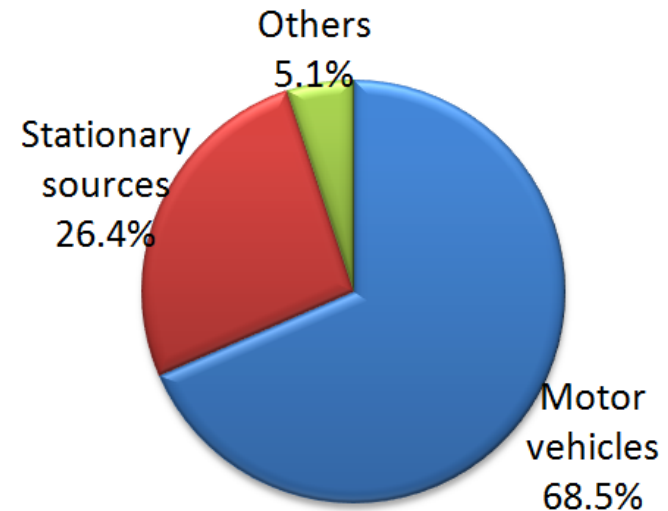


Source: GTP 2010; 2012; SPAD 2014

- 83% trips were private automobile with 70% single occupancy vehicle (Ministry of Finance 2011; Mohamad and Kiggundu 2007)
- Transport is second highest carbon emitter 21% (NRE 2011)
- Malaysia to reduce GHG emissions intensity of GDP by 45% by 2030 relative to 2005 in Paris agreement (UNFCCC 2016)

- Traffic contributed 36% of the urban PM2.5 in SEA against global 25% (Karagulian et al. 2015)
- In Malaysia, motor vehicles were the biggest source of PM2.5 emissions (Compendium of Environment 2013; Rahman et al. 2011)
- Motorized road transport resulted in 1.5 million deaths and 79.6 million healthy years of life lost annually from air pollution and injuries (The World Bank & IHME 2014)
- Transport is a potential means to improve the PA level in the urban population of GKL (Poh et al. 2010; Chu and Foong 2013)

Source of air pollutant emissions in Malaysia



Rank	Cause
1	Ischemic heart disease
2	Stroke
3	COPD
4	Lower respiratory infections
5	Lung cancer
6	HIV/AIDS
7	Diarrheal diseases
8	Road injury
9	Diabetes mellitus
10	Tuberculosis



## Mass Rapid Transit (MRT)

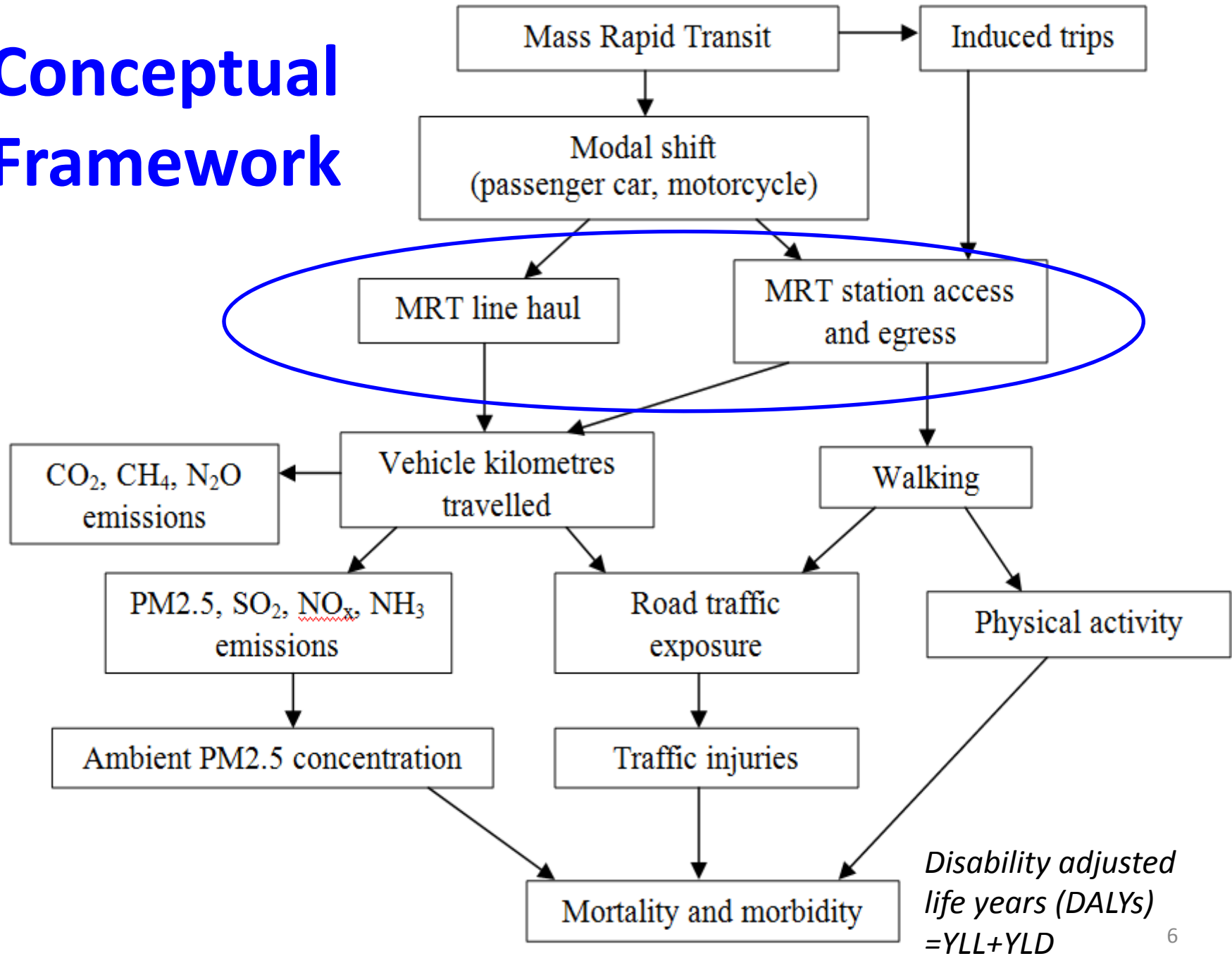
- 3 lines, 150 km
- **Sg.Buloh-Kajang (SBK)**
- Sg.Buoh-Serdang-Putrajaya (SSP)
- Circle Line
- Cost RM 80 billion (US\$ 20 billion)

MRT line	SBK
Length (km)	51
Stations	31
Construction	2011-2017
Daily ridership	442,000

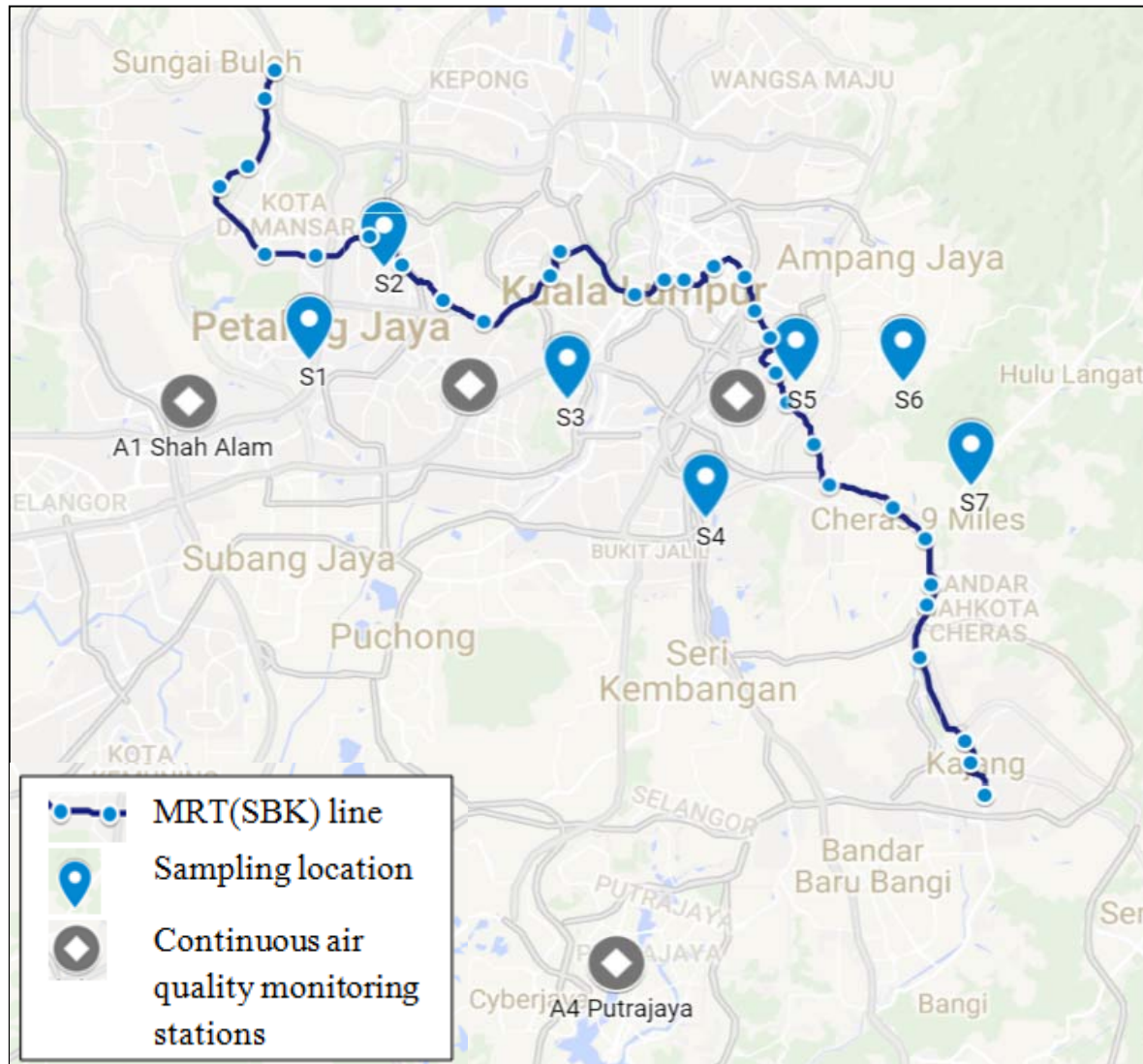


How much carbon reduction and health co-benefits could be generated?

# Conceptual Framework



# Method



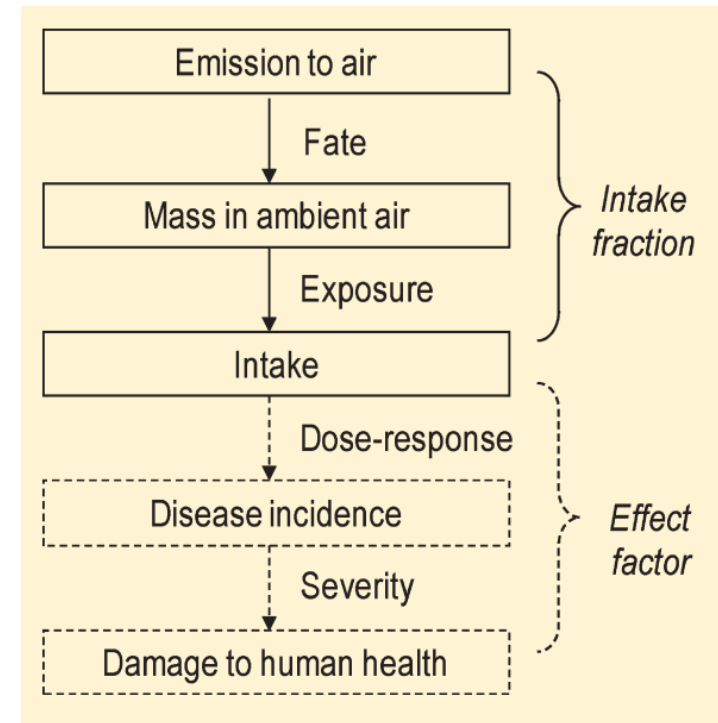
## Travel survey

- Cross sectional
- 7 locations within 5 km to 8 stations of MRT (SBK)
- Survey period: Feb 2015 – Jun 2015
- Travel information:
  - Transport mode
  - Trip distance
  - Trip duration
  - Trip purpose

# Calculations

$$\text{Emission changes} = \sum [M_{\text{mode}} (\text{VKT}_M) (\text{EF}_M)]$$

- **M<sub>mode</sub>**: Ridership x 365 days and modal shift ( 33% motorcycle, 66% cars, 1%bus) (EIA, 2011)  
induced trips (15%) (Goel&Tiwari, 2015)
- **VKT**: Line haul & station access (survey)
- **Emission factors** (GEF, 2010; Griffin, 2014; NAEI, 2013):
  - Greenhouse gases (N<sub>2</sub>O, CH<sub>4</sub>, CO<sub>2</sub>),
  - Primary PM2.5,
  - PM2.5 precursors (NO<sub>x</sub>, SO<sub>x</sub>, NH<sub>3</sub>),
  - re-entrained dust (road abrasion, tyre wear, tyre brake),
  - vehicle cold start (per trip)



Source: Humbert et al. 2011

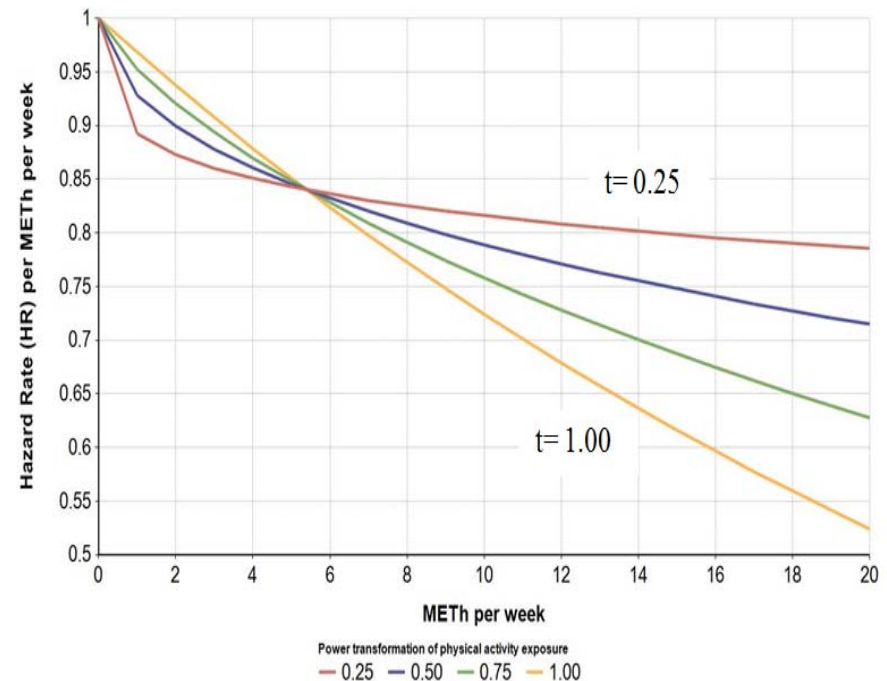
$$\text{PM2.5 concentration (mg/m}^3\text{)} = \frac{\text{(iF(ppm))*emissions(kg)}}{\text{breathing rate (m}^3\text{person}^{-1}\text{day}^{-1}\text{)}}$$

- PM2.5 concentrations: Intake fraction (Humbert et al., 2011; Apte et al., 2012)



- Comparative health risk assessment (Ezzati et al. 2004):
- Baseline data:
  - CAQM stations (DOE 2008-2013)
  - Number of traffic injury (MIROS 2007-2013)
  - Physical activity level (NHMS 2006)
  - Global burden of disease 2010
- Relative risks:
  - Air pollution: Ostro, 2004 linear
  - Traffic injury: death/injury per exposure km, linear
  - Physical activity: ITHIM, curvilinear
- Impact population:
  - Air pollution: population catchment
  - Traffic injury & physical activity: new MRT users

$$PAF = \frac{\sum_{i=1}^n P_i RR_i - \sum_{i=1}^n P'_i RR_i}{\sum_{i=1}^n P_i RR_i}$$



Power transformation of RR for stroke in male  
(Gotschi et al. 2015)

# Results

## Transport modal share:

Transport mode (n=474)	%
Car driver	54.2
Car passenger	5.1
Motorcycle	17.5
Bus	2.6
Rail	9.6
Taxi	0.6
Walk	3.3
Cycle	0.2
Total	100

77% private vehicle  
13% public transport

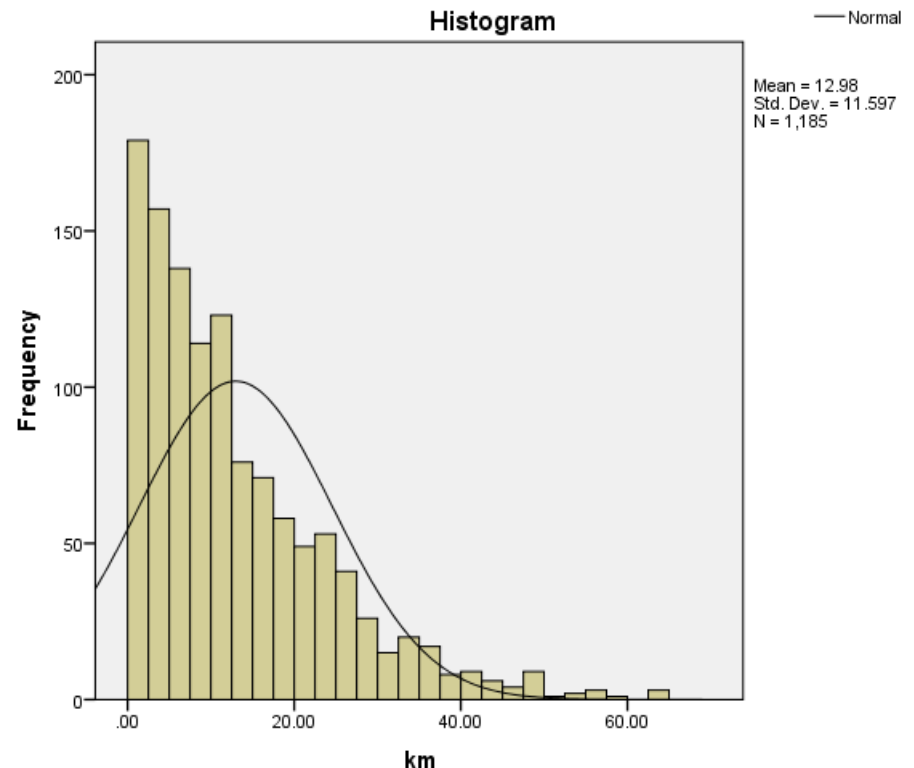
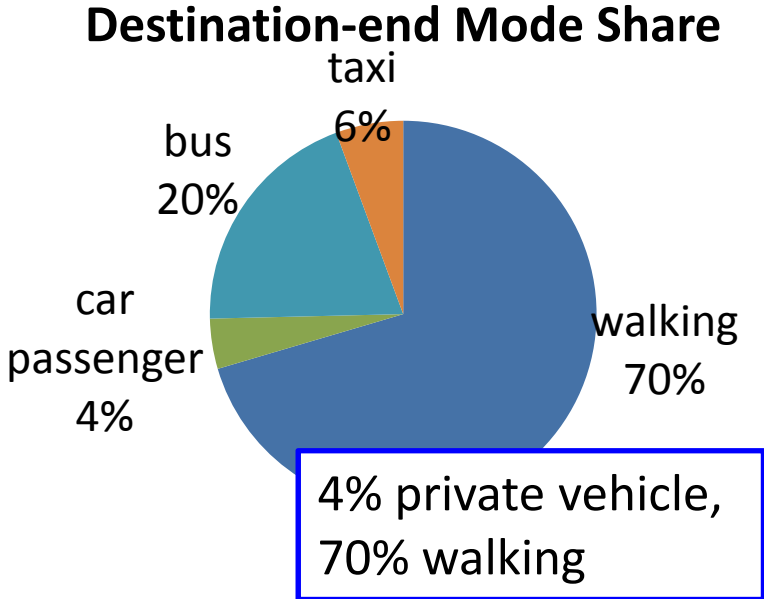
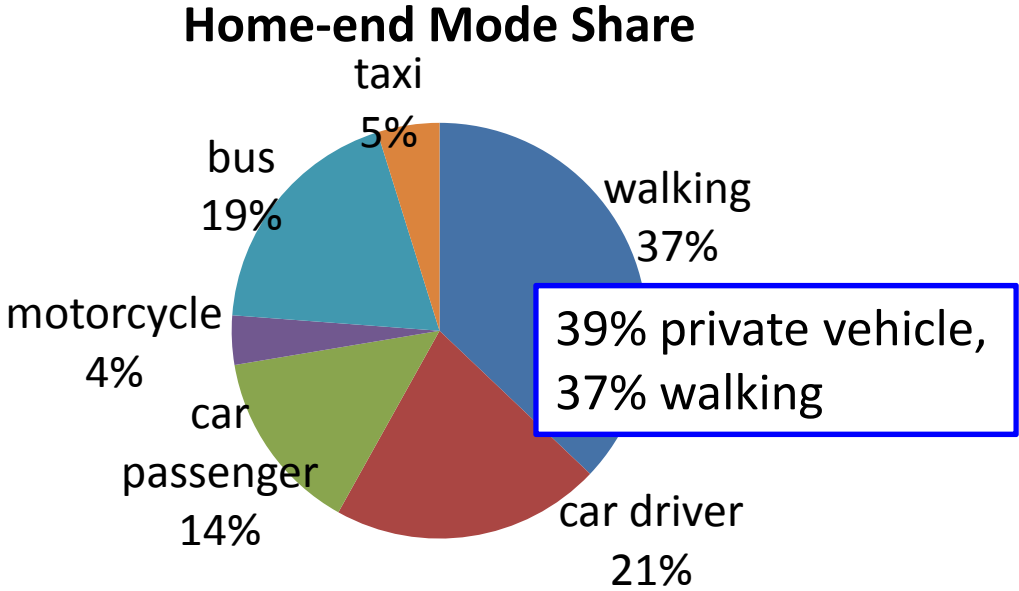


Fig. 1 Distribution of private vehicle distance

Trips (n=1,615)	Median km/trip
Car	10.3
Motorcycle	9.8
Walking	0.45

# Current rail user access-egress modal share:



Rail journey (n=89)	Median
Origin-destination	15.1 km
Access/egress by vehicle	5.7 km
Interconnectivity ratio	0.42

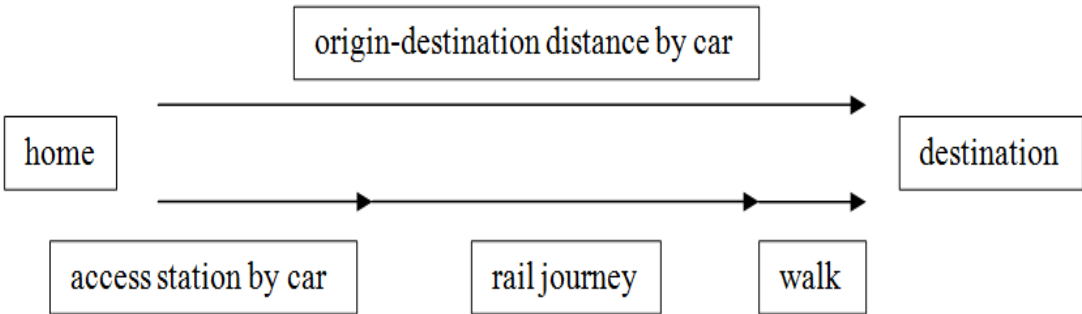
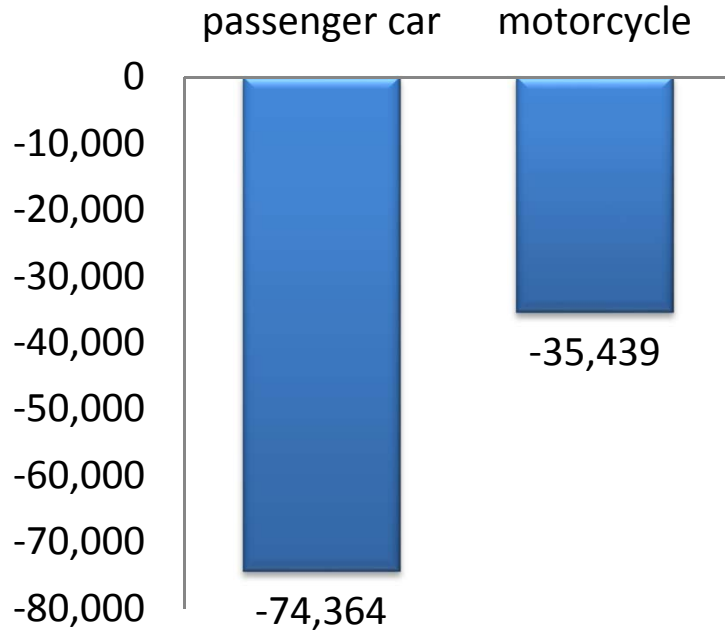


Figure 3.3 An example of rail journey using car to access rail station

### CO2 equivalent changes from MRT (SBK)



### Changes to CO2 equivalent (tons/yr)

	Car	Motorcycle	Total
<b>Line haul</b>	<b>-114,848</b>	<b>-38,306</b>	<b>-153,155</b>
Acc-egress	40,484	2,867	43,353
<b>Net total</b>	<b>-74,364</b>	<b>-35,439</b>	<b>-109,802</b>

➤ MRT (SBK) would reduce **153,000 tons CO2 eq (2.8%)** of transport emissions in Greater KL.

➤ The access-egress using private vehicle **offset 28%** of the carbon savings.

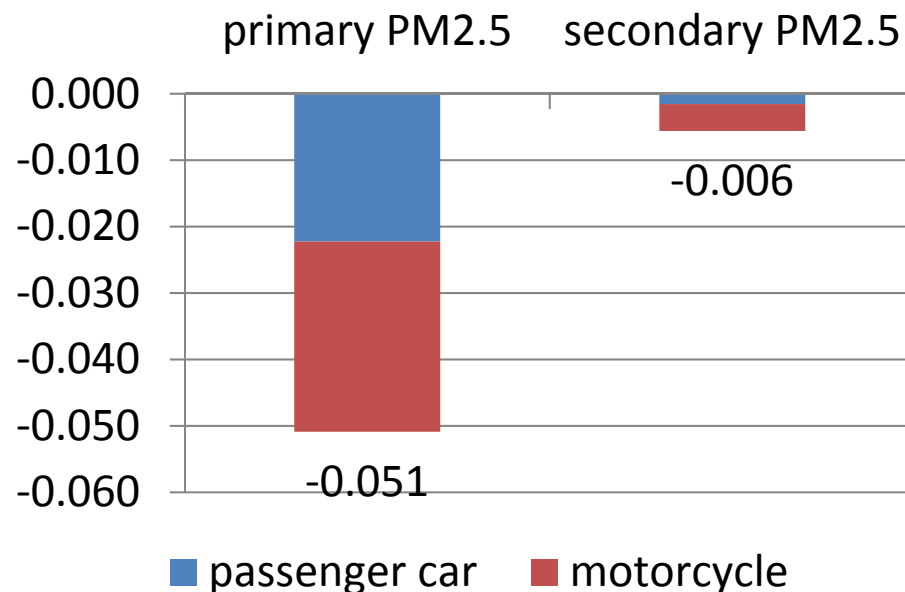
➤ Cars would contribute 93% of the CO2 reduction in line haul but also 98% CO2 increase in access-egress trips.

## Air quality

### Emissions of air pollutants for MRT SBK (kg/day)

	PM2.5 (kg/day)	PM2.5 precursors (kg/day)			PM2.5 ( $\mu\text{g}/\text{m}^3$ )
		SO <sub>2</sub>	NO <sub>x</sub>	NH <sub>3</sub>	
Passenger car	13	1	89	11	0.024
<b>Motorcycle</b>	<b>17</b>	<b>0</b>	<b>467</b>	<b>2</b>	<b>0.033</b>
Total	31	1	556	12	0.056

#### Attributable PM2.5 concentration



➤ **Motorcycle** contributed 58% of direct PM2.5 and 85% NO<sub>x</sub> emissions.

➤ In total, 0.06  $\mu\text{g}/\text{m}^3$  (0.02%) ambient PM2.5 would be reduced.

➤ NO<sub>x</sub> (highest emission) contributed 8% PM2.5 concentration reduction.



## Attributable death and burden of diseases from PM2.5 concentration reduction

Related diseases (age)	Death	%	YLL	%	YLD	%	DALYs	%
ARI (<5)	0.00	0.02	-0.03	0.02	-0.01	0.02	-0.04	0.02
<b>Cardiovascular diseases (&gt;30)</b>	<b>-1.01</b>	<b>0.05</b>	<b>-19.50</b>	<b>0.05</b>	<b>-0.93</b>	<b>0.05</b>	<b>-20.44</b>	<b>0.05</b>
Respiratory diseases (>30)	-0.42	0.05	-7.50	0.05	-3.81	0.05	-11.31	0.05
<b>Lung cancer (&gt;30)</b>	<b>-0.12</b>	<b>0.10</b>	<b>-2.65</b>	<b>0.08</b>	<b>-0.03</b>	<b>0.09</b>	<b>-2.68</b>	<b>0.08</b>
<b>Total</b>	<b>-1.56</b>		<b>-29.71</b>		<b>-4.79</b>		<b>-34.50</b>	

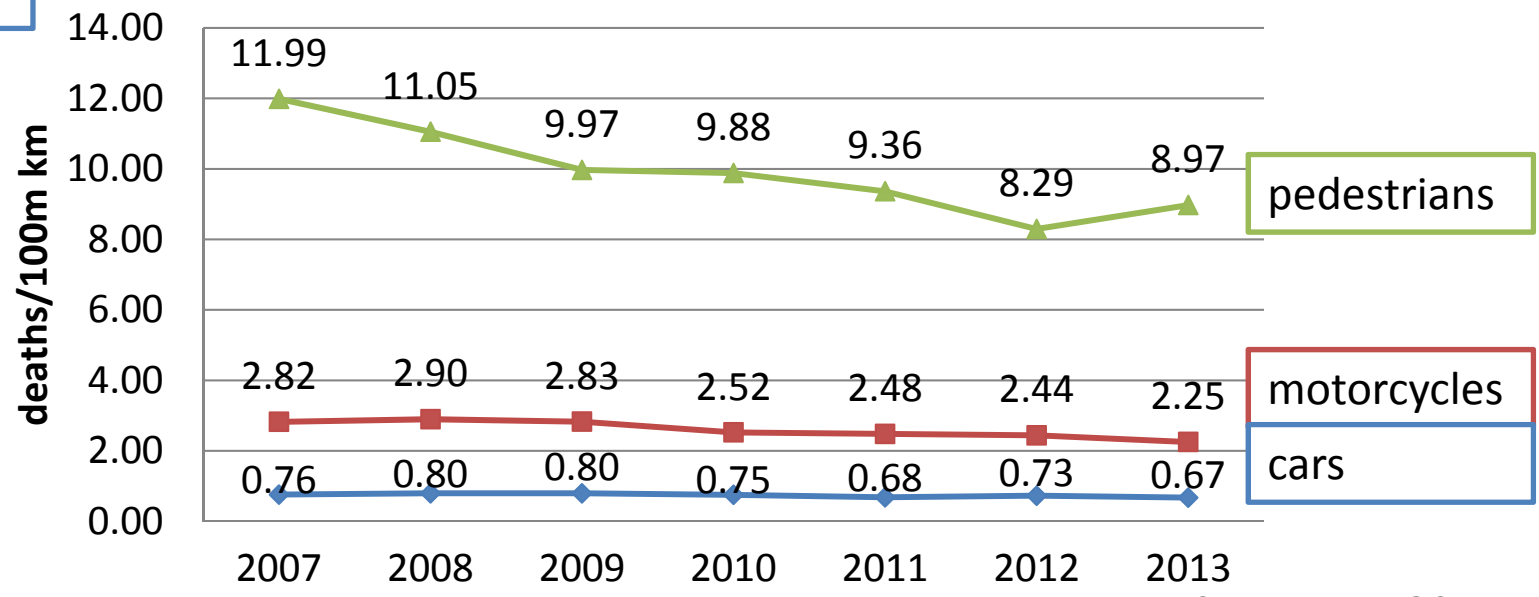
ARI: Acute respiratory diseases

Cardiovascular diseases included hypertensive heart disease (HHD), ischemic heart disease (IHD), cerebrovascular disease (CVD), inflammatory heart diseases;

Respiratory diseases included lower respiratory disease, upper respiratory disease, chronic obstructive pulmonary disease (COPD), stroke and other respiratory diseases.

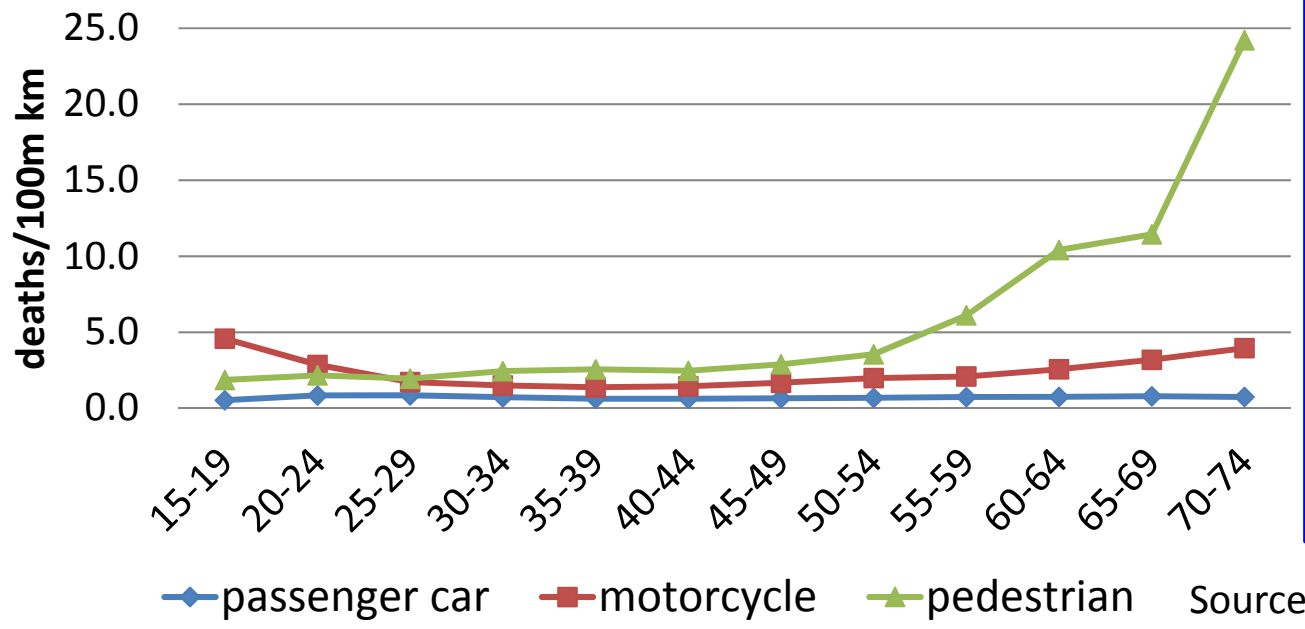
**Traffic injury**

**Death rates per 100m km (2007-2013)**



Source: MIROS

**Average death rates per 100m km by age**

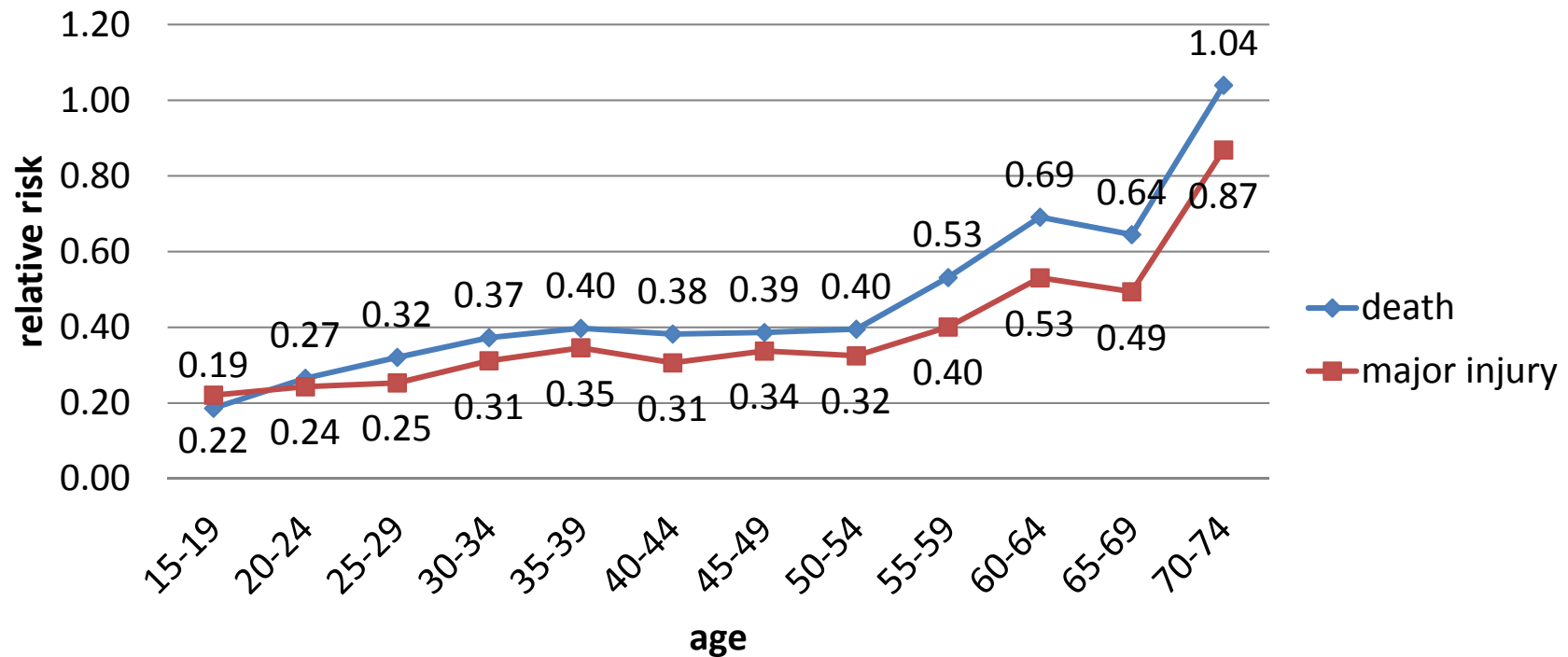


➤ High death rates remained in the younger age groups especially among motorcyclists.

➤ Older population had higher pedestrian death rate.

Source: MIROS

### Relative risks of traffic injury from MRT usage

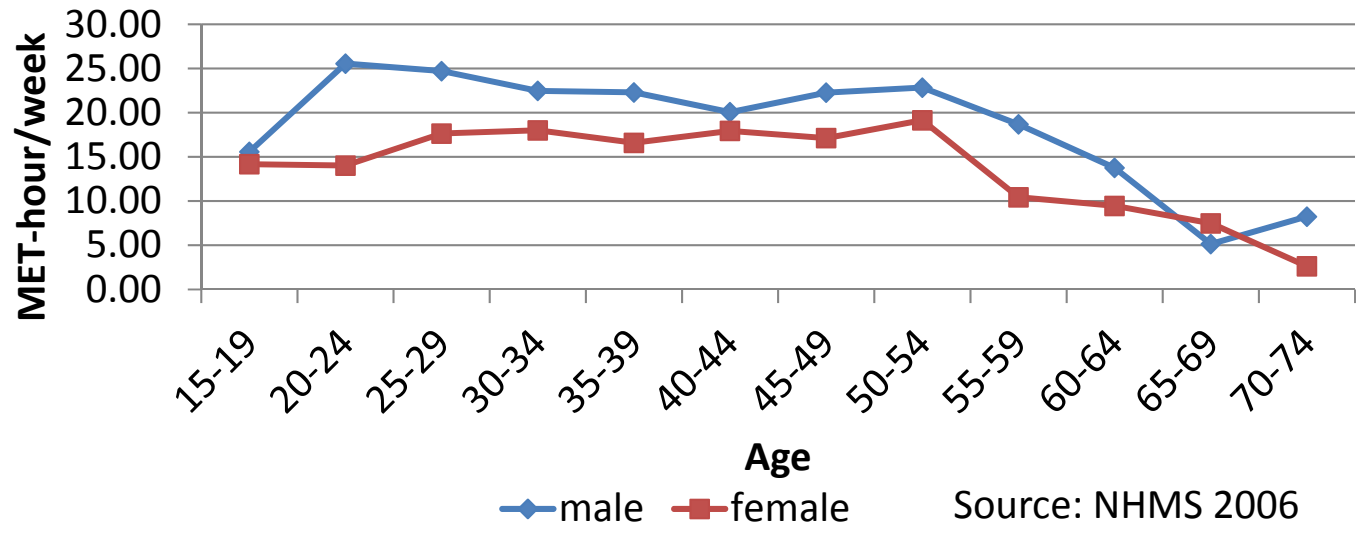


- The largest traffic injury benefits would be from the younger age groups.
- There would also be a 4% increase in risk for age group 70-74.

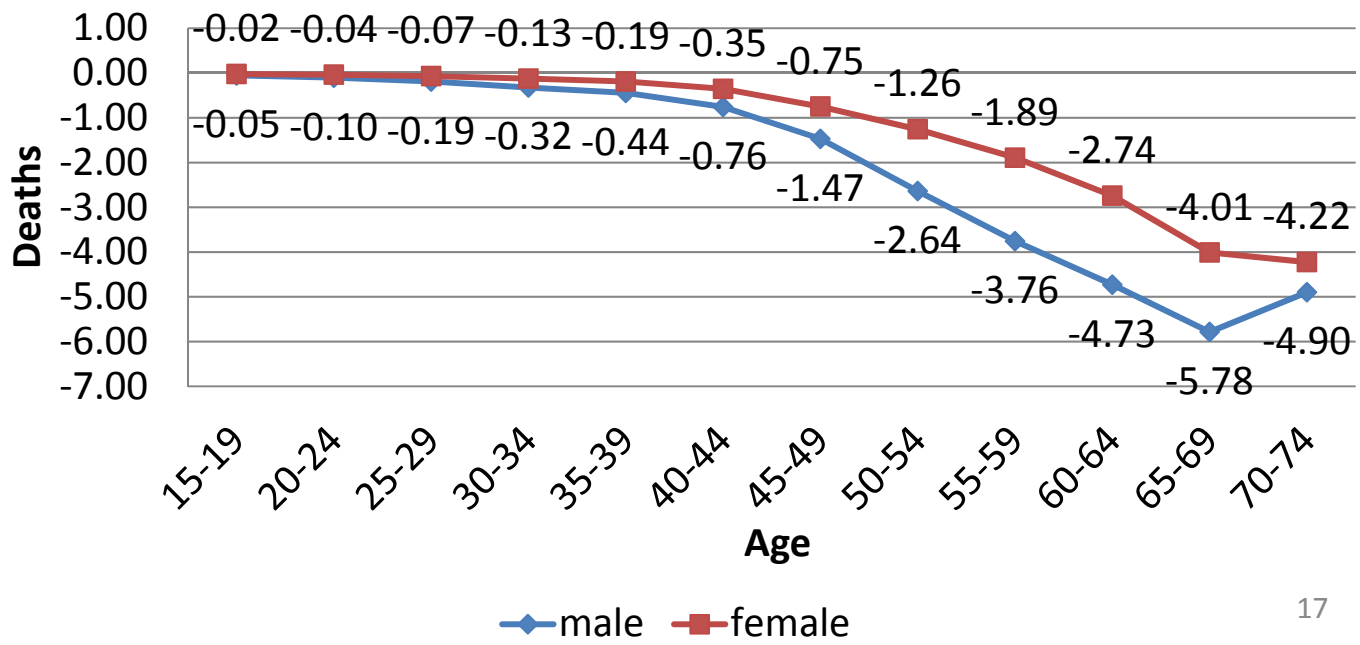
Age	Changes from using MRT			
	Death	YLL	YLD	DALYs
15-29	-22	-1,415	-235	-1,650
30-59	-14	-589	-479	-1,068
60-74	-4	-95	-43	-138
<b>Total</b>	<b>-40</b>	<b>-2,099</b>	<b>-757</b>	<b>-2,856</b>

# Physical activity

## Background physical activity level



## Mortality reduction from walking



➤ Premature mortality reduced with increased age.

➤ This corresponded to the curvilinear exposure response function.

## Attributable burden of physical activity from MRT (SBK)

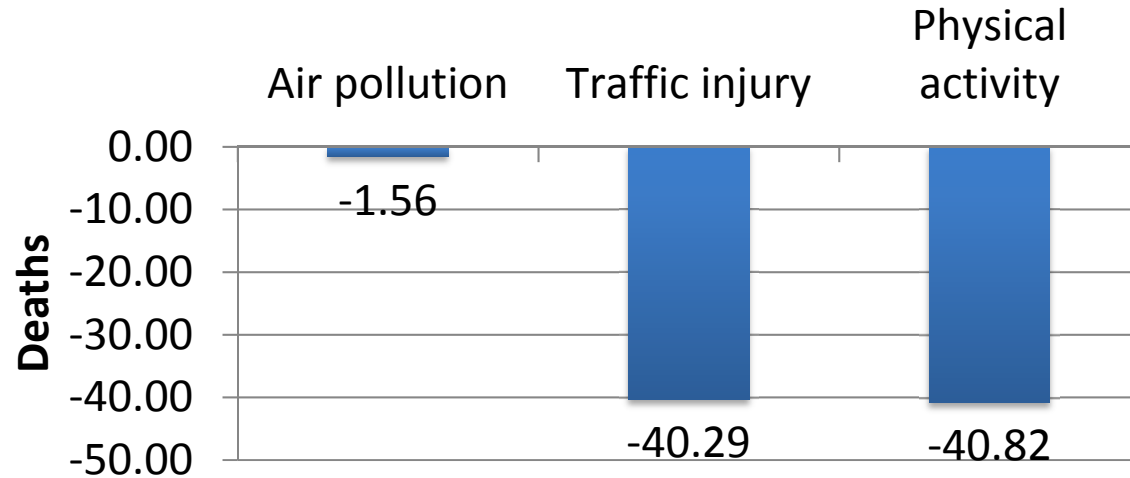
Related diseases	Death	%	YLL	%	YLD	%	DALYs	%
Breast cancer	-1	-2	-21	-2	-1	-2	-22	-2
Colon cancer	-1	-5	-20	-5	-1	-5	-21	-5
Dementia	0	-11	-1	-10	-7	-10	-8	-10
<b>Depression</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>-234</b>	<b>-6</b>	<b>-234</b>	<b>-6</b>
Diabetes	-4	-12	-101	-12	-77	-12	-178	-12
Hypertensive heart disease	-1	-13	-37	-13	-1	-13	-39	-13
<b>Ischemic heart disease</b>	<b>-23</b>	<b>-13</b>	<b>-597</b>	<b>-13</b>	<b>-30</b>	<b>-13</b>	<b>-627</b>	<b>-13</b>
Cerebrovascular disease	-11	-13	-297	-13	-18	-13	-314	-13
<b>Total</b>	<b>-41</b>	<b>-12</b>	<b>-1074</b>	<b>-12</b>	<b>-369</b>	<b>-8</b>	<b>-1,443</b>	<b>-10</b>



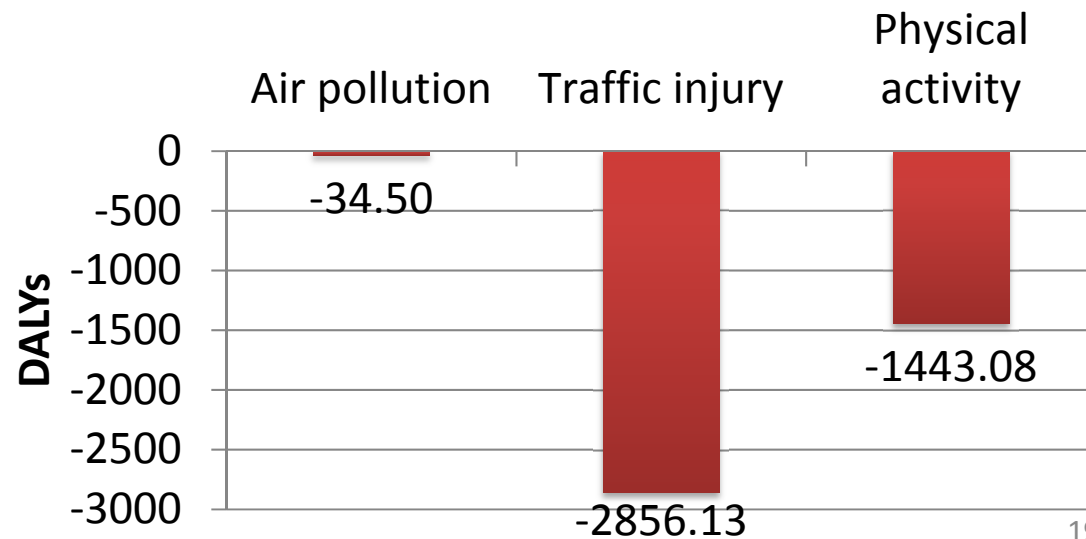
## Summary

- Traffic injury and physical activity would reduce equal number of premature mortality.
- The largest number of DALYs avoided would be from traffic injury.
- Overall, 83 deaths and 4,334 DALYs would be avoided from MRT(SBK).

### Change in mortality from MRT SBK

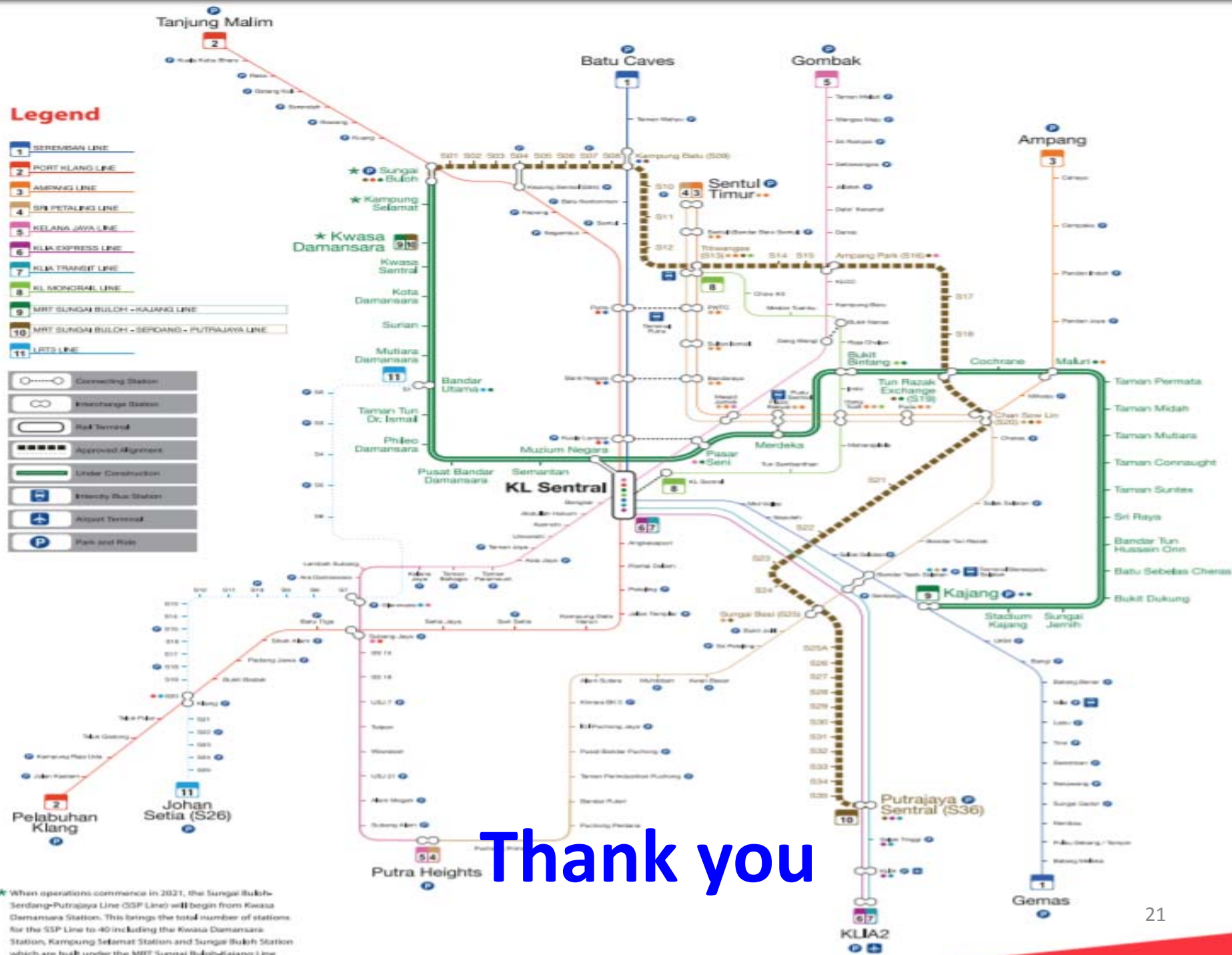


### Change in morbidity from MRT SBK



# Conclusion

- The MRT infrastructure could contribute to the reduction of GHG emissions from private motor transport in the city.
- Reduced traffic injuries and increased physical activity from MRT usage would bring equally important health co-benefits to the population with marginal air quality improvement.
- Alternative transport mode should be encouraged in the access of station (esp. home end) to maximize the emission reduction and health benefits.
- In future planning for MRT alignment and station location, the potential for health co-benefits could be taken into consideration.



**Legend**

- 1 SEREMBAN LINE
  - 2 PORT KLANG LINE
  - 3 AMPANG LINE
  - 4 SRI PETALING LINE
  - 5 KELANA JAYA LINE
  - 6 KLIA EXPRESS LINE
  - 7 KLIA TRANSIT LINE
  - 8 KL MONORAIL LINE
  - 9 MRT SUNGAI BULOH - KAJANG LINE
  - 10 MRT SUNGAI BULOH - SERDANG - PUTRAJAYA LINE
  - 11 LRT LINE
- Connecting Station
  - Interchange Station
  - Road Terminal
  - Approved Alignment
  - Under Construction
  - Intensity Blue Station
  - Airport Terminal
  - Park and Ride

Thank you

★ When operations commence in 2021, the Sungai Buloh-Serdang-Putrajaya Line (SSP Line) will begin from Kwasa Damansara Station. This brings the total number of stations for the SSP Line to 40 including the Kwasa Damansara Station, Kampung Selamat Station and Sungai Buloh Station which are built under the MRT Sungai Buloh-Kajang Line.